

Busy Heart

Count: 32

Wand: 2

Ebene: Intermediate

Choreograf/in: Sundance (BEL) - June 2018

Musik: If Your Heart Ain't Busy Tonight - Tanya Tucker



Intro : 8 counts

ROCK STEPS, COASTER CROSS, SIDE, TOE TOUCH, SIDE, KICK, BEHIND, ¼ TURNS

- 1&2& RF step forward , weight back on Lf , Rf step to side , weight back on Rf
3&4 LF step backwards , Lf step next to Rf , Rf step across
5&6& LF step tot he side , Rf toe touch next to , Rf step tot he side , Lf kick
7&8 LF step behind , Rf step forward ¼ turn right , Lf step to side ¼ turn right

BACK ROCK, SUGAR FOOT, SCUFF, STEP, SCUFF, ROCK STEP, LOCK STEP, ½ TURN, STOMP

- 1&2& RF step backwards , weight back on Lf , Rf toe touch beside , Rf scuff
3&4& RF step forward , Lf scuff , Lf step forward , Rf scuff
*** Restarts op 1ste – 7th – 8th wall !!
5& RF step forward , weight back on Lf
6&7 RF step backwards , Lf step across , Rf step back
7&8 LF step forward ½ turn left , Rf stomp beside Lf
*** Restart op 4th & 10th wall !!

SIDE, TOE TOUCH, FORWARD ¼ TURN, SCUFF, GRAPE VINE, SIDE, TOE TOUCH, X2, GRAPE VINE ¼ TURN, STOMP

- 1&2& RF step tot he side , Lf toe touch beside , Lf step forward ¼ turn left , Rf scuff
3&4& RF step tot h side , Lf step behind , Rf step tot he side , Lf scuff
5&6& LF step tot he side , Rf toe touch beside , Rf step tot he side , Lf toe touch beside
7&8 LF step tot he side , Rf step behind , Lf step forward ¼ turn left

KICKS, BACK ROCK, PIVOTS ½ TURNS, SIDE, TOE TOUCH X2

- 1&2& RF kick forward twice , Rf step back , weight back on Lf
3&4 RF step forward , ½ turn left , Rf step forward
5&6 LF step forward , ½ turn right , Lf step forward
7&8& RF step tot he side , Lf toe touch beside , Lf step tot he side , Rf scuff

Start dancing again

Contact: nancy.van.haeken@telenet.be