Triple Dance



Count: 96 Wand: 2 Ebene: Phrased Intermediate

Choreograf/in: Romain Brasme (FR) & Marlon Ronkes (NL) - May 2018

Musik: Dance Dance - Sharon Doorson



Seq: A-B-TAG1-A-B-B-A(32 COUNTS)-TAG2-B-B

PART	A -	64	counts
1 711	$^{-}$	∇	Counts

1-2 RF rockstep on the R side: step R to R (1), come back on LF (2)

3&4 RF sailor step with 3/4 turn R (09:00)

5&6 LF step lock step: LF step forward (5), RF cross behind LF (&), LF step forward (6) RF step lock step: RF step forward (7), LF cross behind RF (&), RF step forward (8)

[9-16] TOUCH – FLICK W/ $\frac{1}{2}$ TURN – STEP LOCK STEP – STEP FORWARD – SPIRALE – STEP FORWARD – TOUCH W/ $\frac{1}{2}$ TURN

1-2 LF touch forward (1), LF flick with 1/2 turn R (2) (03:00)

3&4 LF step lock step: LF step forward (3), RF cross behind LF (&), LF step forward (4)

5-6 RF step forward (5), make a full turn spirale w/ LF (6)

7-8 LF step forward (7), RF touch next to LF with 1/2 turn L (8) (09:00)

[17-24] TOUCH - KICK W/ 1 4 TURN R - COASTER STEP - TOUCH - KICK W/ 1 4 TURN L - COASTER STEP

1-2 RF touch next to LF (1), RF kick forward with 1/4 turn R (2)

3&4 RF coaster step: RF step behind (3), together (&), RF step forward (4) (12:00)

5-6 LF touch next to RF (5), LF kick forward with 1/4 turn L (6)

7&8 LF coaster step: LF step behind (7), together (&), LF step forward (8) (09:00)

[25-32] ROCKSTEP - TOGETHER - ROCKSTEP - WALK, WALK, WALK - 1/2 TURN - OUT - OUT

1-2 RF rockstep on the R side

&3-4 RF next to LF (&), LF rockstep on the L side

5&6 LF step forward (5), RF step forward (&), LF step forward (8) 7&8 1/2 turn L (7), RF step to the R (&), LF step to the L (8) (03:00)

[33-40] STEP - BEHIND - SIDE - CROSS - ROCK MAMBO - CROSS - STEP - CROSS SHUFFLE

1 RF step to the side

2&3 LF cross behind RF (2), RF step to the side (&), LF cross over RF (3) &4 RF rock mambo on the R side : step to the R (&), recover on L (4)

5-6 RF cross over LF (5), LF step to the L side (6)

7&8 RF cross shuffle to the L : RF cross over LF (7), LF step to the L side (&), RF cross over LF

(8)

[41-48] STEP - ARMS MOVEMENTS - CHEST POP - STEP - ARMS MOVEMENTS - CHEST POP

1-2 LF step to the L and place your R forearm on the L one: L elbow down - R elbow up (1), L

elbow up, R elbow down (2)

Place your arms in front of your chest and RF next to LF (3), push your chest forward (&),

come back (4)

5-6 LF step to the L and place your R forearm on the L one: L elbow down - R elbow up (5), L

elbow up, R elbow down (6)

7&8 Place your arms in front of your chest and RF next to LF (7), push your chest forward (&),

come back (8)

[49-56] WALK - WALK - MAMBO BACK - WALK BACKWARD - WALK BACKWARD - MAMBO STEP

FORWARD			
1-2	RF step forward (1), LF step forward (2)		
3&4	RF mambo back : RF rock mambo forward (3), recover on L (&), RF step behind (4)		
5-6	LF step behind (5), RF step behind (6)		
7&8	LF mambo back : LF rock mambo backward (7), recover on R (&), LF step forward (8)		
[57-64] STEP - TOUCH - STEP - TOUCH - WALK X4 W/ ¾ TURN			
1-2	RF step to the side (1), LF touch next to RF (2)		
3-4	LF step to the side (3), RF touch next to LF (4)		
5-8	Walk R,L,R,F with 3/4 turn R (12:00)		
PART B – 32 counts [1-8] TOUCH – TOGETHER – TOUCH – TOGETHER – TOUCH – TOGETHER + ARMS			
MOVEMENTS			
1&2	RF touch to the R side and R arm reach up L diagonale (1), RF next to LF (&), LF touch to the L side and L arm reach up R diagonale (2)		
&3-4	LF next to RF (&), RF Touch to the R side and bring your R arm slowly up in diagonale L		
5-8	RF come slowly next to LF, bring your R arm back down		
[9-16] STEP – TOUCH – STEP – TOUCH – STEP FORWARD R, L – KICK - OUT OUT			
1-2	RF step to the side (1), LF touch behind RF (2)		
3-4	LF step to the side (3), RF touch behind LF (4)		
5-6	RF step forward (5), LF step forward (6)		
7&8	RF kick forward (7), OUT, OUT		
[17-24] HITCH	X3 – SAILOR STEP – SAILOR STEP		
1-4	«DANCE, DANCE» = L knee up, R knee up, L knee up		
5&6	LF sailor step		
7&8	RF sailor step		
[25-32] ½ TURN - ½ TURN - ½ TURN - STEP - RF COME TO LF			
1-4	«DANCE, DANCE» = LF step to the side with 1/2 turn L, RF step to the side with		
	1/2 turn L, LF step to the side with 1/2 turn L		
5-8	LF step to the side (5), RF come next to LF (06:00)		
TAG 1			
	F COME TO RF		
1-4	RF step to the R side (1), LF come next to RF and restart part A		
TAG 2 (16 counts)			
	LAP - CLAP - SNAP - SHAKE		
1-2	Clap your hands on thighs (1), clap your hands on hips (2)		
3-4	Clap your hands (3), snap your fingers (4)		
5-8	Shake your shoulders		

[9-16] STEP TO THE SIDE - TOUCH - STEP TO THE SIDE - TOUCH - WALK R, L, R, L S/ 3/4 TURN R

1-2 RF step to the R side (1), LF touch next to RF (2)
3-4 LF step to the L side (3), RF touch next to LF (4)

5-8 Walk R,L,R,L with 3/4 turn R