On The Beach



Count: 32 Wand: 4 Ebene: Beginner

Choreograf/in: Ray Hodson (UK) - March 2018

Musik: On the Beach - Chris Rea



Starts on the vocals after 16 Counts from the beat (47 Seconds)

[1-8] Point Right Forward, Side and Coaster step, Point Left Forward, Side and Coaster step 1/4 LEFT.

1-2 Point right forward, Point right to side,

3&4 Right Coaster Step.

5-6 Point left forward, point left to side,

7&8 Left coaster ¼ turn left

[9-16] CROSS ROCK SIDE SHUFFLE, CROSS ROCK SIDE SHUFFLE,

1-2 Cross Rock Right, recover left.
3&4 Side shuffle right, right together right
5-6 Cross Rock left, recover right
7&8 Side shuffle left, left together left

[17-24] FORWARD ROCK, BACK SHUFFLE, ROCK BACK FORWARD SHUFFLE,

1-2 Forward Rock Right, recover left.3&4 Back shuffle right, right together right

5-6 Back Rock left, recover right

7&8 Forward Shuffle, Step left together left

[25-32] CROSS, SIDE BEHIND & HEEL & SIDE SHUFFLE, ROCK BACK

1,2, Cross step R over L, step side L,

3&4& Cross step R behind L, step side L, Touch R heel angle fwd right, step back R

(Styling Note: If you want, as you step back on right flick left up behind yourself)

5&6 Side shuffle left, left together left7-8 Back Rock right, recover left

Enjoy and smile, and don't forget the sun tan lotion

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