

For My Friends

Count: 32

Wand: 2

Ebene:

Choreograf/in: Isa Gibert (ES) - 2015

Musik: Mexico, Tequila and Me - Alan Jackson



[1-8] ROCK STEP 1/2 , ROCK STEP, COASTER STEP, SCUFF

- 1 - 2 Rock in front of right foot, we return the weight to the left foot.
3 - 4 We turn ½ turn to the right doing rock forward with right foot, we return the weight to the left foot.
5 - 6 Step back right foot, step back left foot next to right side.
7 - 8 Step forward with the right, scuff left foot.

[9 – 16] HEEL STRUT X 2, ROCK STEP CROSS, HOLD

- 1 - 2 We mark the left foot in front, we go down flat foot
3 - 4 We mark our right foot, we go down flat.
5 - 6 Rock left foot to the left, we return the weight to the right.
7 - 8 Cross left foot in front of right, hold.

[17-24] KICK STOMP, FLICK STOMP, STEP ½ TURN X 2

- 1 - 2 Kick forward, right foot, stomp right next to left.
3 - 4 Flick back right foot, scuff right foot.
5 - 6 Right foot in front, 1/2 turn to the left.
7 - 8 Right foot in front, ½ turn to the left.

[25-32] FLICK & SLAP, STOMP SWIVELS, ROCK STEP BACK, HOLD

- 1 - 2 We raise our right foot back, at the same time that we touch it with the right hand, and when we lower it we leave it in front of the left one.
3 - 4 Move the heels to the right, and return them to site
5 - 6 Rock back to right foot, and return the left foot weight.
7 - 8 Stomp right foot to left side, hold.

TAG: GRAPEVINE RIGHT, GRAPEVINE LEFT

Paredes: 2^a- 4^a- 6^a- 8^a- 11^a x 2 -12^a

TAG: TOE TOUCH X 2

Paredes: 3^a- 5^a- 7^a -9^a

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