

El Arrepentido

Count: 48

Wand: 2

Ebene: Intermediate Rumba style

Choreograf/in: Gabi Ibáñez (ES) - March 2018

Musik: El Arrepentido - Melendi & Carlos Vives



Intro: 20 counts, with the voice

Counts walls: 1(48)-2(36)-3(20)-4(48)-5(36)-6(16)-7(32)-8(48+2)-9(36)-10(24)

[1-8] OUT,OUT(JUMPING), ROCK STEP, PADDLE ¼ X2, RIGHT MAMBO STEP, LEFT MAMBO STEP

- 1&2 Jumping forward RF to right, LF to left, Rock RF back, recover on LF
&3&4 Step RF forward, ¼ turn left and step on LF, Step RF forward, ¼ turn left and step on LF (6h)
5&6 Rock RF to right, Recover on LF, Step RF together
7&8 Rock LF to left, Recover on RF, Step LF together

[9-16] RIGHT DIAGONAL FWD LOCK SHUFFLE, LEFT DIAGONAL FWD LOCK SHUFFLE, JAZZBOX

- 1&2 Step RF forward in right diagonal, Cross LF behind RF, Step RF forward in right diagonal
3&4 Step LF forward in left diagonal, Cross RF behind LF, Step LF forward in left diagonal
5-6 Cross RF over LF, Step LF back
7-8 Step RF to right, Step LF forward

[17-24] FOWARD MAMBO, BACK MAMBO, STEP, ½ TURN, ½ TURN, BACK MAMBO

- 1&2 Rock RF forward, Recover on LF, Step RF back
3&4 Rock LF back, Recover on RF, Step LF forward
5&6 Rock RF forward, ½ turn to left, turn ½ to left RF back (6h)
7&8 Rock LF back, Recover on RF, Step LF forward

[25-32] SUZY Q, SUZY Q, CROSS, TOE, TOE, ¼ TURN

- 1&2 Cross RF over LF, Step LF to left, Cross RF over LF
3&4 Cross LF over RF, Step RF to right, Cross LF over RF
5-6 Cross RF over LF, Touch left toe to left
7-8 Touch left toe behind RF, ¼ turn to left LF forward (3h)

[33-40] 1/8 TURN, ¼ TURN, 1/8 TURN, ¼ TURN, DIAGONAL STEP, DIAGONAL STEP, SAILOR ½ RIGHT

- 1-2 1/8 turn to left RF forward, ¼ turn to left LF forward
3-4 1/8 turn to left RF forward, ¼ turn to left LF forward (6h)
5-6 Step RF forward in right diagonal, Step LF forward in right diagonal
7&8 Cross RF back turning ¼ to right, Step LF next to RF turning ¼ to right, Step RF forward (1,30h)

[41-48] STEP DIAGONAL, STEP DIAGONAL, SAILOR 5/8 LEFT, SCUFF, OUT, OUT, IN, IN, CLAP

- 1-2 Step LF forward in right diagonal, Step RF forward in right diagonal
3&4 Cross LF venid RF turning ¼ to left, Step RF next to LF turning ¼ to left, Step LF forward turning 1/8 to left (6h)
5&6 Scuff RF, Step RF to right, Step LF to left
&7-8 Step RF to left, Step LF next to RF, Clap

START AGAIN

RESTARTS:

In wall 2 restart in count 36 (looking at 12h)

In wall 3 restart in count 20 (looking at 6h)

In wall 5 restart in count 36 (looking at 6h)

In wall 6 restart in count 16 (looking at 12h)

In wall 7 modify the count 32, we do not do $\frac{1}{4}$ turn and we replace by STOMP LF next to RF and restart (looking at 6h)

In wall 8 there is a bridge between the counts 16 & 17 and we continue the dance, restart in count 36 (12h)

In wall 9 restart in count 36 (looking at 6 h)

In wall 10 only dance until count 24 and add Step back LF, slide RF until LF (looking at 12h)

BRIDGE: in wall 8, we add 2 counts between the step 16 & 17, after we continue the dance.

STOMP UP, CLAP

1-2 Stomp Up RF next to LF, Clap

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