Sock It To Ya



Count: 32

Wand: 2

Ebene: Intermediate

Choreograf/in: Jonno Liberman (USA) & Shane McKeever (N.IRE) - April 2018 Musik: Sock It to Ya - Redfoo



Dance begins after 16 counts.

[1-8] Touch, Flick, Step, Step, Toe, Step, Heel, Ball, Cross, 1/4, 1/4 Spin, Ball, Cross, Hitch, Slide (6:00)	
1&2&	Touch R forward, Flick R to right as you touch R-hand to R-heel, Step R forward, Step L forward
3&4&	Touch R next to L, Step R back, Touch L-heel forward, Step L next to R
5&-6	Cross R over L, Turn 1/4 right as you step L back to begin count 6 (3:00), Spin 1/4 right on L (6:00)
&7&8	Step R to right, Cross L over R, Hitch R, Step R to right as you slide L toward R
[9-16] Hitch, Step, Flick, Step, 1/4 Flick, Step, Ball, Touch, Step, 1/4, Touch, Body Roll (6:00)	
1&-2	Hitch L as you slap knee with both hands, Step L in front of R, Hold
&3	Flick R behind L as you touch L-hand to R-foot, Replace R behind L
&4	Turn 1/4 to left as you hook L over R and touch R-hand to L-foot (3:00), Step L forward
&5&-6	Step R next to L, Touch L slightly forward, Step L forward, Hold
Optional styling for counts 5&6: Step L forward, Skip L forward (small hop), Hold for 6	
&7, 8	Turn 1/4 right as you step R next to L (6:00), Touch L to left side, Body roll to left beginning from top of body with weight finishing on L
[17-24] Cross, 1/4, Side-Cross x3, Sweep, 1/4 x2, Back, Hitch, Slide (3:00)	
1, 2&	Cross R over L, Turn 1/4 right as you step L back (9:00), Step R to right
3&4&	Cross L over R, Step R to right, Cross L over R, Step R to right
5, 6	Cross L over R as you sweep R from forward, Turn 1/4 right as you cross R over L (12:00),
&7&8	Turn 1/4 right as you step L back (3:00), Step R back, Hitch L, Step L back as you slide R toward L
[25-32] Back, 1/8 Heel Pop x2, Side, Touch, Ball, Cross, Side, Cross, Unwind, Slide (6:00)	
1, 2&	Step R back with weight evenly on both feet, Pop both heels up as you turn 1/8 right with the heels coming down on count 2 (4:30), Pop both heels up as you turn 1/8 right with the heels coming down on count & (6:00)
3, 4	Step R to right (optional: Shimmy shoulders), Touch L next to R
&5, 6	Step L to left, Cross R over L, Step L to left
&7, 8	Cross R behind L keeping weight on L, Full unwind with weight finishing on R, Step L to left as you slide R toward L $% \mathcal{L}_{\mathcal{R}}$
TAG: Begin at the end of the third repetition facing 6:00. You'll begin the dance again facing 6:00 [1-8] Step Right w/Hip Rolls, Ball, Cross w/????, Unwind (12:00)	
1-4	Step R to right and roll hips in a circular motion as you slowly shift weight from left to right. Finish with weight on R for count 4.
&5-7	Step L next to R, Cross R over L as you move your neck in a circular motion for counts 5-7
	s uncomfortable, feel free to replace with your own styling. Chest, shoulders, etc.
8 10 101 Demost (Unwind 1/2 left with weight finishing on L (12:00)
[9-16] Repeat Counts 1-8 (6:00)	
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