Count: 76
Wand: 2
Ebene: Phrased Intermediate
Choreograf/in: M.T. Groove (UK) - March 2018
Musik: I Know You (feat. Bastille) - Craig David : (Single)


## Sequence: AB CC*(count\&7\&)* AB CCCC** (count\&3\&)BCC count8 (ending)..Turn L back to front \& finish on word 'stumbling'

PART A = 32
A1: STEP TWIST TWIST SWEEP, CROSS \& BACK ROCK, RECOVER SWEEP, TRIPLE $11 / 2$ TURN SWEEP.
1-2 Step fwd $L$ as you twist upper body $L$, Return upper body to centre
3-4 Weight fwd on $L$ as you twist upper body $L$ sweeping $L$ fwd, Cross $R$ over $L$
\&5-6 Step bk on L,(\&) Rock bk on R (5), Recover fwd on L (6)
7\&8 Make $1 / 2$ turn $L$ step bk on R, Make $1 / 2$ turn $L$ step fwd $R$, Make $1 / 2$ turn $L$ step bk on $R$ as you sweep $L$ from front to bk. (6.00)

A2: STEP LEAN x2 RECOVER, CROSS $1 ⁄ 2$ TURN CROSS SIDE, SWAYS STEP SIDE.
1-2 Step $L$ behind $R, L$ Step $R$ to $R$ side as you lean Body to $R, L$ off floor
3\&4 Recover L, Step R to R side as you lean to R, L off floor, Recover L
5-6\& Cross R over $L$, Step bk $1 / 4$ turn $R$ on $L, 1 / 4$ turn $R$ step $R$ to $R$ side (12.00)
7-8\&1 Cross $L$ over $R$, step $R$ to $R$ side as you sway $R, L$, Step $R$ to $R$ side
A3: BK ROCK BIG SIDE STEP, DRAG BALL STEP, CHASE TURN ROCKS,
2\&3 Rock L behind R, Recover R, Step 'big step' L to L side, (12.00)
4\&5 Drag R toward $L$, Step $R, L$ towards $L$ diagonal (10.30) (like you're falling)!
6\&7 Step fwd on $R, 1 / 2$ turn pivot $L$ to opposite diagonal (4.30) weight $L$ Rock fwd on $R$
8\&1 Recover L, Step R next to L, Rock fwd on L (still on diagonal)

A4: \& ROCK, WALKS x3, CHASE TURN SIDE ROCK, CROSS ROCK.
2\&3-4-5 (Still on diagonal) Recover R, Step L next to R, Walk fwd R,L,R
6\&7 Step fwd on $L, 1 / 2$ turn pivot $R$, weight $R$, Rock $L$ to $L$ side (square up to 12.00)
\&8\&
Recover R, Rock L across R, Recover R (12.00)
PART B = 34 (note during 3rd B, arm circle \& pray are much quicker - go with music)
B1: SIDE BACK RECOVER, STEP TOUCH x2, STEP BK SWEEP x2, ARM CIRCLE, PRAY
1-2-3 Step $L$ to $L$ side, Step back on $R$ as you pop $L$ knee fwd, Recover fwd on $L$
4\&5\& Step R fwd to R diagonal, Touch L next to R, Step L fwd to L diagonal, Touch R Next to L
6-7 Step bk on $R$ sweep $L$ back, Step bk on $L$ sweep $R$ back
8-1 Take weight on $R$ and circle arms out, up and palms meet at top, bring palms To chest like you are praying (12.00)

B2: BASICS, ARMS UP, CLOSED FIST R,L, CROSS ARM ACROSS CHEST
2\&3 Rock bk on L, Recover R, Make $1 / 4$ turn $R$ as you step $L$ to $L$ side
4\&5
Rock bk on R, Recover L, Make $1 / 4$ turn $L$ as you step bk on $R$
6\&7 $\quad$ Rock bk on $L$, Recover $R$, Step fwd $L$ as you reach $R$ closed fist up (weights $L$ )
\&8 Reach L closed fist up, Bring both arms crossed over across chest (12.00)
B3: STEP TOUCH SIDE, TOE HEEL x2 CROSS, SHOULDER ROCKS, ARM \& BODY ROLL x2, STEP BK DRAG, ARM PUSH
1\&2 Step $R$ to $R$ side, Touch $L$ next to $R$, Step $L$ to $L$ side
\&3\&4 bringing in left foot.....Toe, Heel, Toe, Heel.....finish with $L$ across $R$
\&5 Using shoulders twist upper body to L diagonal, Return to centre

B4: SAILOR ¼, SAILOR, ROCKING CHAIR, REPLACE KICK, BACK
$1 \& 2 \quad \mathrm{~L}$ sailor $1 / 4$ turn $\mathrm{R},(3.00)$
3\&4 $\quad R$ sailor step in place - on count 4 face $R$ diagonal (10.30)
5\&6\& $\quad L$ rocking chair across $R$, finish with weight $R$ still facing $R$ diagonal
7-8 Step on L, Kick R fwd,(7) Hitch/Step bk on $R$ as you semi circle $R$ arm from front
to back (Rainbow arm)....still facing diagonal
B5: SAILOR 3/8 TURN
1\&2 L sailor 3/8th turn L - squaring up to home wall (12.00)
PART C = 10 counts
C1: RUN, SIDE LEAN, KNEE POP, REACH PULL, CROSS SIDE SWEEP, BEHIND SIDE CROSS SIDE, BACK ROCK $1 / 2$ TURN, OUT R,L
\&1\&2 Run fwd R,L,R, Step L to $L$ side ( $L$ knee bent as you lean $L$ ) (12.00)
\&3\&4 Turn $R$ knee in, out (\&3), Reach $R$ arm to $R$ side like your grabbing something(\&) ** Pull yourself up from your lean, weight $R$ (4)
\&5\&6 Cross L over R, Step R to R side, Step L behind R, Sweep R from front to bk
\& 7 \&8 Step $R$ behind $L$, Step $L$ to $L$ side, Cross $R$ over $L$, (*) Step $L$ to $L$ side
\&9\&10 Rock bk on R, Recover L, Make $1 / 2$ turn $L$ as you step out out $R, L(6.00)$
*Restart after 7\& In to A, ** Restart after 3\& In to B (take weight on R as you reach)
Enjoy
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