

Lady Cowboy

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Johan Bouillon (SA) - March 2018

Musik: Lady Cowboy - RuPaul : (Album: American)



Notes: Intro 32 counts from beginning of the track. Restart after 16 counts on wall 4

S1: WALK BACK, BACK, COASTER STEP, STEP TURN, CROSS SIDE ROCK

1,2 3&4 Walk back R, L, Step RF back, Close LF to RF, Step LF fwd

5,6 Step LF fwd, Make ¼ turn R as you replace weight to R

7&8 Cross LF over RF, Rock RF to R, Recover weight to LF

S2: CROSS, BACK, R CHASSE, CROSS, ¼ TURN, ¼ TURN CHASSE L

1,2,3&4 Cross RF over LF, Step LF back, Chasse to R (R-L-R)

5,6,7&8 Cross LF over RF, Make ¼ turn L as you step RF back, Make a ¼ Turn Chasse to L (L-R-L)

S3: CROSS, SIDE, BEHIND, TOUCH L&R

1,2,3,4 Cross RF over LF, Step LF to L, Cross RF behind LF, Touch LF to L

5,6,7,8 Cross LF over RF, Step RF to R, Cross LF behind RF, Touch RF to R

S4: 3X HEEL SWITCHES/TOUCHES WITH HOOK X2

1&2&3&4& Touch R heel fwd, Close RF to LF, Touch L heel fwd, Close LF to RF, Touch R heel fwd, Hook RF over L, Touch R heel fwd, Step RF next to LF

5&6&7&8 Touch L heel fwd, Close LF to RF, Touch R heel fwd, Close RF to LF, Touch L heel fwd, Hook LF over R, Step LF fwd