

Irish Rainbow

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: HP Low (UK) - March 2018

Musik: Dance Above the Rainbow - Ronan Hardiman



Section 1: Skipping Steps & hitch x4 moving forwards

- 1-2 Step R foot fwd with a skipping step, hitch L foot
- 3-4 Step L foot fwd with a skipping step, hitch R foot
- 5-6 Step R foot fwd with a skipping step, hitch L foot
- 7-8 Step L foot fwd with a skipping step, hitch R foot

Section 2: Jazz box, rock forward, recover, chasse 1/4 turn to right

- 1-2 Step R foot over L foot, Step L ft back
- 3-4 Step R ft to side, step L ft next to R ft
- 5-6 Rock R ft forward, recover to left foot
- 7&8 Chasse 1/4 turn to Right R-L-R

Section 3: Weave and Sweep, Vine And point

- 1-2 Step L foot over R foot, Step R foot to R side
- 3-4 Step L foot behind R, Sweep R foot behind L foot
- 5-6 Step R foot behind L foot Step L to L side
- 7-8 Step R foot over L foot, Point L foot out

Section 4: Walk back 2 steps, shuffle 1/2 turn twice to the Left, coaster step

- 1-2 Walk back 2 steps starting with L foot
- 3&4 Shuffle half turn L-R-L
- 5&6 Shuffle half turn R-L-R
- 7&8 Step back on L, step together with R, step L forward

(Last wall (10) will start at 3.00 and continue to 6.00 .

Instead of a coaster step in the last section, perform another 1/2 shuffle, taking you to the front)

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