# Polka 96

Ebene: Beginner - Easy and Fun

**Count: 96** Choreograf/in: Forty Arroyo (USA) - January 2018 Musik: Cowboy's Sweetheart - LeAnn Rimes

\*\* (dedicated to my senior dancers from Webster & Liecester MA.) \*\*

Alt. Music: Goes great to "The Way You Make Me Feel" by Michael Jackson -Just add a little more attitude and a lot more FUNK

(First 24 counts of this dance were borrowed from the classic line dance PICNIC POLKA choreographed by David Paden)

# (1-8) RIGHT TOE/HEEL, CHA-CHA-CHA, LEFT TOE/HEEL, CHA, CHA, CHA

- 1.2 Touch right toe to left instep, Touch right heel to left instep
- 3&4 Triple in place – R, L, R
- Touch left toe to right instep, Touch left heel to right instep 5,6
- 7&8 Triple in place – L, R, L

### (9-16) SHUFFLE FORWARD AND BACK

- Shuffle forward R, L, R, Shuffle forward L, R, L 1&2, 3&4
- 5&6, 7&8 Shuffle backward R, L, R, Shuffle backward L, R, L

### (17-24) VINE RIGHT & LEFT

- 1-4 Step R to side, Step L behind R, Step R to side, Touch L next to R
- Step L to side, Step R behind L, Step R to side, Touch R next to L 5-8

### (25-40)DOULBLE HEEL TAPS (REPEAT)

- Tap R heel forward, Touch R next to L, Tap R heel forward, Step R in place 1-4
- 5-8 Tap L heel forward, Touch L next to R, Tap L heel forward, Step L in place
- 9-16 Repeat steps 1 thru 8 of this section

### (41-64)WALKING SEQUENCES

- 1-4 Walk forward – R, L, R, Touch R next to L and clap(or kick L forward & clap)
- 5-8 Step back – L, R, L Touch R next to L
- 9-16 Walking towards 11:00 (1/8 turn left) Repeat step 1-8 of this section
- 16-24 Walking towards 9:00 (completing 1/4 left) Repeat step 1-8 of this section

### (65-96)When she Yodels: TAP & VINE & STOMP and REPEAT

- 1-3 Lift R heel and tap 3 times in place (body angled R diagonal,
- 4 Stomp R next to L - weight on R
- 5-7 Lift L heel and tap 3 times in place,
- 8 Stomp L next R – weight on L
- 9-16 Vine R – step R to side, Step L behind R, Step R to side, Touch L next to R
- 17-32 Repeat steps 1-16 of this section

# REPEAT





Wand: 4