Woman, Amen

Count: 32

Ebene: High Improver

Choreograf/in: Gail Craddock (USA) - January 2018 Musik: Woman, Amen - Dierks Bentley

#32 count intro

STEP, 1/2 PIVOT, TRIPLE, STEP ½ PIVOT, TRIPLE

- R step forward, pivot 1/2 to left and step on L 1-2
- 3&4 R step forward – L step next to R – R step forward
- 5-6 L step forward, pivot 1/2 to right and step on R
- 7&8 L step forward – R step next to L – L step forward

(For those who don't wish to turn: rock forward R, triple back, rock back L, triple forward)

WALK, WALK, OUT-OUT, IN, WALK, WALK, OUT-OUT, IN

- 1-2 R step forward, L step forward (Small steps, please!)
- &3-4 R step side(&) - L step side(3), R step back in place
- 5-6 L step forward, R step forward
- L step side(&) R step side(7), L step back in place &7-8

(Re-start is here, when you are facing back wall)

1/4 JAZZ WITH CROSS, SIDE TRIPLE, ROCK, RECOVER

- 1-2 R cross step over L, turn ¼ to R and step back on L
- 3-4 R step to side, L cross step over R
- 5&6 R step to side – L step next to R – R step to side
- 7-8 L rock back behind R, recover weight on R

WALK,WALK,BALL-WALK,WALK, ROCK FORWARD,ROCK BACK (rocking chair)

- L step forward, R step forward 1-2
- &3-4 L step on ball of foot(&) - R step forward, L step forward
- 5-6 R rock forward, recover weight on L
- 7-8 R rock backward, recover weight on L

END OF DANCE - HAVE FUN!!

Re-start, after 16 counts of wall 3(facing back)





Wand: 4