

# The Hula-Hoop Dance

**COPPER** KNOB  
STEPSHEETS

Count: 32

Wand: 2

Ebene: Improver

Choreograf/in: Aiden Fryer (UK) - January 2018

Musik: Hula Hoop - Omi



## Side Toe Point, Side Toe Point Grapevine With Touch

- 1-2 Step Right To Right Side , Cross Left Over Right Point Toe Forward  
3-4 Step Left To Left Side Cross Right Over Left Point Right Toe Forward  
5-6-7-8 Step Right To Right Side , Step Behind With Left , Right To Right Side , Touch Left Toe Next To Right

## Side Toe Point, Side Toe Point Grapevine ¼ Left With Brush

- 1-2 Step Left To Left Side Cross Right Over Left Point Right Toe Forward  
3-4 2 Step Right To Right Side , Cross Left Over Right Point Toe Forward  
5-6-7-8 Step Left To Left Side , Step Behind Right Make ¼ Left Step On Left Brush Right Foot Forward ,Weight On Left.

## Rock Forward Recover , Right Coaster Step , Step Out Left Step Out Right , Move Hips Clockwise Twice (Hula Motion)

- 1-2 Rock Forward On Right Recover On Left  
3&4 Right Coaster Step Stepping Back On Right , Left In Place Forward On Right  
5-6 Step Out Left , Step Out Right  
7&8 Move Hips In Clockwise Position Twice

## Make Full Turn Over Right Rock Back And Cross.

- 1-2 Make ¼ Right Side Make ¼ Right Step Left To Left Side  
3-4 2 Step Right To Right Side Make ¼ Right Step Left To Left Side  
5-6 ¼ Right Stepping On Right Another ¼ Big Stepping To Left On Left  
7-8 Rock Back On Right , Recover On Left Slightly Crossing Left Over Right

## Tags:-

Wall 4 After 16 Counts Instead Of Brush Do Shuffle ¼ To Left

Start Of Wall 10

Do 4 Hula Hoops On The Spot

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