I'll Be Gentle



Count: 32 Wand: 2 Ebene: Intermediate

Choreograf/in: Willie Brown (SCO) - November 2017

Musik: I'll Be Gentle - Paloma Faith & John Legend



Intro; 16 counts (11 secs approx) - on vocals

Extras; 1 x restart during wall 6 + 1 x tag end of wall 7

SECTION 1 - SIDE, BEHIND-SIDE-CROSS ROCK, RECOVER-SIDE-CROSS, 1/4-1/4-POINT, SWAY

1,2 Step Right to Right side

Cross Left behind Right, step Right to Right side, rock Left over Right
Recover weight back on Right, step Left to Left side, cross Right over Left

6&7 Turn ¼ Right and step back on Left, turn ¼ Right and step Right to Right side, point Left toe

to Left side [6]

8 Take weight on Left and sway to Left, turning upper body slightly to Left

SECTION 2 – $\frac{1}{4}$ SWEEP, CROSS-SIDE-BEHIND-SWEEP, BEHIND-SIDE-CROSS ROCK-SIDE ROCK-COASTER STEP

1 Taking weight on Right turn ¼ Right sweeping Left out and forward [9]

2&3& Cross Left over Right, step Right to Right side, cross Left behind Right, sweep Right out and

back

4&5& Cross Right behind Left, step Left to Left side, Rock Right over Left, recover weight on Left

6& Rock Right out to Right side, recover weight on Left

7&8 Step back on Right, close Left beside Right, step forward on Right

SECTION 3 - 34 PIVOT, 1/2 HINGE, BALL CROSS, SIDE ROCK-CROSS-SIDE, 1/2 HINGE, BALL CROSS

1& Step forward on Left, pivot ½ Right taking weight on Right [3]

2 Turn another ¼ Right and step Left to Left side [6]

3 Keeping weight on your Left turn ½ Right lifting Right leg slightly [12]

&4 Step down on Right, cross Left over Right

**Restart here - during wall 6, facing 6 o'clock

Rock Right out to Right side, recover weight on Left, cross Right over Left

7 Step Left to Left side and turn ½ Right lifting Right leg slightly [6]

&8 Step down on Right, cross Left over Right

SECTION 4 - SIDE ROCK-CROSS, ¼ PIVOT, STEP FORWARD, ¾ PIVOT, SAILOR ½ CROSS

1&2 Rock Right out to Right side, recover weight on Left, cross Right over Left

3&4 Rock out to Left on Left, pivot ¼ Right taking weight on Right, step forward on Left [9]

Step forward on Right, pivot ½ Left taking weight on Left, turn another ¼ Left and step Right

to Right side [12]

7&8 Cross Left behind Right, turn ¼ Left and step Right to Right side, turn another ¼ Left and

cross Left over Right [6]

...START AGAIN...

Restart; After count 24 of wall 6, facing 6 o'clock – see above(**)

Tag; End of wall 7, facing 12 o'clock, do the following 4 counts; NIGHTCLUB BASIC X2

1,2& Step Right to Right side, rock Left behind Right, recover weight on Right 3,4& Step Left to Left side, rock Right behind Left, recover weight on Left

Ending; On the last wall you will dance to count 7 of Section 1 – 'sway to Left'. You will be facing 12 o'clock so from there just roll a full turn over your Right shoulder stepping Right, Left, Right. Ta-Da!!!