

# Hell Heel AB

Count: 16

Wand: 4

Ebene: Absolute Beginner

Choreograf/in: Laura Nanclares (ES) - December 2017

Musik: "Tennessee" by Johny Cash (132 bpm)



Alt. music: "Freight Train Blues" by Boxcar Willie (172 bpm)

## [1-8] TOE FAN, SWIVELS (TOE HEEL TOE), STOMP

- 1- R toe out (to right)
- 2- R toe in
- 3- R toe out
- 4- R toe in
- 5- L toe to the left
- 6- L heel to the left
- 7- L toe to the left
- 8- Stomp RF next to the LF

## [9-16] HOOK COMBINATION, HEEL GRIND $\frac{1}{4}$ TURN, STOMP, STOMP

- 1- Heel L forward, in left diagonal
- 2- Hook L over R
- 3- Heel L forward, in left diagonal
- 4- Stomp LF next to RF
- 5- R heel forward
- 6- Change weight to LF turning  $\frac{1}{4}$  to the right
- 7- Stomp RF next to LF
- 8- Stomp LF next to RF

**-START OVER-**

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