

# At Full Speed

Count: 32

Wand: 4

Ebene: Novice

Choreograf/in: Alan Leverage - December 2017

Musik: Know You Wanna Know - Jennifer Nettles



## Intro: 32 Counts

### [1-8]:STEP RIGHT, TOUCH, STEP LEFT, TOUCH, STEP FORWARD, TOUCH, STEP BACK, KICK

- 1 - Step right to right
- 2 - Touch left together right
- 3 - Step left to left
- 4 - Touch right together left
- 5 - Step right forward
- 6 - Touch left together right
- 7 - Step left back
- 8 - Kick right forward

**\*Restart in 15 wall**

### [9-16]:STEP LOCK STEP, TOGETHER, ROCKIN CHAIR

- 1 - Step right back
- 2 - Cross left over right
- 3 - Step right back
- 4 - Step left together right
- 5 - Step right forward
- 6 - Recover to left
- 7 - Step right back
- 8 - Recover to left

**\*Restart in 6 i 12 walls**

### [17-24]:TRAVELLING TOE-HEEL SWIVELS, STOMP, KICK, STOMP, FLICK, STOMP

- 1 - Twist left toe to right, touch right heel forward
- 2 - Twist left heel to right, touch right toe back
- 3 - Twist left toe to right, touch right heel forward
- 4 - Stomp right together left
- 5 - Kick left forward
- 6 - Stomp left together right
- 7 - Kick left to left
- 8 - Stomp up left together right

**\*Restart in 3 i 9 walls**

### [25-32]:GRAPEVINE LEFT ¼ TURN, HOLD, JAZZBOX RIGHT

- 1 - Step left to left
- 2 - Cross right behind left
- 3 - Turn ¼ left, step left forward
- 4 - Hold
- 5 - Cross right over left
- 6 - Step left back
- 7 - Step right to right
- 8 - Step left together right

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