

The Countryest

Count: 64

Wand: 2

Ebene: Improver

Choreograf/in: DJ Dan (NL) - November 2017

Musik: The Countryest (feat. Sunny Sweeney) - Adam Hood : (iTunes)



Intro: 16 counts, start on vocals

S1: STEP SIDE RIGHT, CROSS BEHIND, HEEL-BALL-CROSS, SIDE ROCK, CROSS SHUFFLE

- 1-2-3&4 Step Right to right side, Cross Left behind Right, Touch right Heel forward, Step on ball of Right next to Left, Cross Left over Right
- 5-6-7&8 Rock Right to right side, Recover onto Left, Cross Right over Left, Step Left to left side, Cross Right over Left

S2: ROCK FORWARD, SHUFFLE 1/2 TURN LEFT, FULL TURN LEFT, MAMBO ROCK

- 1-2-3&4 Rock forward on Left, Recover onto Right, Shuffle 1/2 turn left stepping Left-Right-Left [6]
- 5-6-7&8 Make a 1/2 turn left step back Right [12], Make a 1/2 turn left [6] step forward Left, Rock forward on Right, Recover onto Left, Step back Right

S3: STEP BACK x 2, SAILOR STEP 1/4 TURN LEFT, STEP FORWARD RIGHT WITH HIP BUMPS, STEP FORWARD LEFT WITH HIP BUMPS

- 1-2-3&4 Step back Left, Step back Right, Cross Left behind Right, Make a 1/4 turn left step Right next to Left [3], Step forward Left
- 5&6 Step forward Right hip bumps right, Hip bumps left, Hip bumps right
- 7&8 Step forward Left hip bumps left, Hip bumps right, Hip bumps left

S4: STEP BACK RIGHT, DRAG L TOGETHER, COASTER STEP, STEP FORWARD LEFT, DRAG R TOGETHER, COASTER STEP

- 1-2-3&4 Step Right diagonally back to right side, Drag Left next to Right, Step back Right, Step Left next to Right, Step forward Right
- 5-6-7&8 Step Left diagonally forward to left side, Drag Right next to Left, Step back Left, Step Right next to Left, Step forward Left

S5: STEP FWD RIGHT, LOCK LEFT, LOCK STEP FORWARD, STEP FWD LEFT, PIVOT 1/2 TURN RIGHT, LOCK STEP FORWARD

- 1-2-3&4 Step fwd Right, Lock Left behind Right, Step fwd Right, Lock Left behind Right, Step fwd Right
- 5-6-7&8 Step fwd Left, Pivot 1/2 turn right [9], Step fwd Left, Lock Right behind Left, Step fwd Left

S6: STEP SIDE RIGHT, CROSS LEFT BEHIND, STEP BACK RIGHT, BOUNCE x 2 ON LEFT DIAGONAL, TOGETHER, CROSS, 1/4 TURN RIGHT, CHASSE

- 1-2&3-4 Step Right to right side, Cross Left behind Right, Step Right slightly back, Bounce Left on left diagonal x 2
- &5-6-7&8 Step on ball of Left next to Right, Cross Right over Left, Make a 1/4 turn right step back Left [12], Step Right to right side, Step Left next to Right, Step Right to right side

S7: CROSS ROCK, CHASSE 1/4 TURN LEFT, STEP FWD RIGHT, PIVOT 1/4 TURN LEFT, CROSS SHUFFLE

- 1-2-3&4 Rock Left across Right, Recover onto Right, Step Left to left side, Step Right next to Left, Make a 1/4 turn left step forward Left [9]
- 5-6-7&8 Step fwd Right, Pivot 1/4 turn left [6], Cross Right over Left, Step Left to left side, Cross Right over Left

S8: ROCK FORWARD, COASTER STEP, STEP FWD RIGHT, PIVOT 1/2 TURN LEFT, STEP FWD RIGHT, PIVOT 1/2 TURN LEFT

1-2-3&4 Rock forward on Left, Recover onto Right, Step back Left, Step Right next to Left, Step forward Left

5-6-7&8 Step forward Right, Pivot 1/2 turn left [12], Step forward Right, Pivot 1/2 turn left [6]

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