

Naar Links, Naar Rechts

Count: 112

Wand: 1

Ebene: Phrased Improver

Choreograf/in: Lars Kuif (NL) - November 2017

Musik: Links Rechts - Snollebollekes



Starts after 48 counts.

Sequences: A, B, C, 8 counts free movement, A, B, C, 16 counts free movement, A (32 counts), A (32 counts), C (+ last 8 counts 2x)

Part A: 48 counts

[1 – 8] (Cross, Side, Kick Daig., Together) 2x

1 – 4 Step R across L (1), step L to side (2), kick R diag. fwd. (3), step R next to L (4) [12.00]

5 – 8 Step L across R (1), step R to side (2), kick L diag. fwd. (3), step L next to R (4) [12.00]

[9 – 16] Walk Fwd., Kick L Fwd., Walk Back, Touch

1 – 4 Walk R-L-R fwd. (1 – 3), kick L fwd. (4) [12.00]

5 – 8 Walk L-R-L back (5 – 7), touch R next to L [12.00]

[17 – 24] Heel Switches

1&2& Touch R heel fwd. (1), step R next to L (&), touch L heel fwd. (2), step L next to R (4) [12.00]

3 – 4 Touch R heel fwd. on count 3 and 4 [12.00]

5&6& Touch L heel fwd. (1), step L next to R (&), touch R heel fwd. (2), step R next to L (4) [12.00]

7 – 8 Touch L heel fwd. on count 7 and 8 [12.00]

[25 – 32] Jump Fwd., Clap Hands, Wave Hands

1 – 2 Jump fwd. on both feet (1), clap hands (2) [12.00]

3 – 8 Wave hands L-R-L-R-L-R (3 – 8) [12.00]

[33 – 42] Jump Back, Clap Hands, Wave Hands

1 – 2 Jump back on both feet (1), clap hands (2) [12.00]

3 – 8 Wave hands L-R-L-R-L-R (3 – 8) [12.00]

[43 – 48] Jump Fwd., Clap Hands, Wave Hands

1 – 2 Jump fwd. on both feet (1), clap hands (2) [12.00]

3 – 8 Wave hands L-R-L-R-L-R (3 – 8) [12.00]

Part B: 32 counts

[49 – 56] Jump Left

1 – 8 Jump to L side on each count [12.00]

[57 – 64] Jump Right

1 – 8 Jump to R side on each count [12.00]

[65 – 72] Jump Left

1 – 8 Jump to L side on each count [12.00]

[73 – 80] Jump Right

1 – 8 Jump to R side on each count [12.00]

Part C: 32 counts

[81 – 88] (Walk Fwd., Point To Side (4x) Into ½ Turn L)

1 – 4 Walk R-L-R-L fwd. on counts [12.00]

5 – 8 (Turn 1/8 L and point R toe to side) 4x [06.00]

[89 – 96] (Walk Fwd., Point To Side (4x) Into ½ Turn L)

- 1 – 4 Walk R-L-R-L fwd. on counts [06.00]
5 – 8 (Turn 1/8 L and point R toe to side) 4x [12.00]

[97 – 104] (Side, Together, Side, Touch) 2x

- 1 – 4 Step R to side (1), step L next to R (2), step R to side (3), touch L next to R (4) [12.00]
5 – 8 Step L to side (5), step R next to L (6), step L to side (7), touch R next to L (5) [12.00]

[105 – 112] (Walk Full Turn L)

- 1 – 8 Make a full turn L in 8 steps starting with R, one step on each count [12.00]

Questions: larskuif@hotmail.com
