

High On Me

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Carolyne SABATIER (FR) - November 2017

Musik: High on Me - Guy Sebastian



Count In: Start 4 counts

[1-8] Diagonal R stomp – Knees Pop- Behind Side Cross- Diagonal L Stomp- Heels Swivel - Coaster L

- 1&2 On R Diagonal Stomp R (1), Knees pop (&), recover weigh on L foot (2), 12.00
3&4 Cross R behind L (3), side step on L (&), cross R over L (4) 12.00
5&6 On L diagonal stomp L (5), swivel heels to the left (&), recover on the center weight on R foot (6) 12.00
7&8 Back step on L (7), R beside L (&), L step forward (8) 12.00

[9-16] R Rock Fwd- Heel Grind ¼ turn L- Toes & Heels switches

- 1 2 Rock R forward (1), recover weigh on L (2), 12.00
&3 4 R next to L (&), L heel Grind (&), ¼ turn L back step on R (4) 09.00
&5&6 L next to R (&), point R to R side (5), R net L (&), point L to L side (6), 09.00
&7&8 L next to R (&), Dig R heel forward (7), R next to L (&), dig L heel Forward (8) 09.00

[17-24] Walk R & L Triple – Walk L & R Triple describe ¾ circle

- &1 2 L next to R (&), walk R (1), walk L (2) 09.00
3&4 Step R forward (3), L beside R (&), step R forward (4) with ¼ turn R 12.00
5 6 walk L (5), walk R (6) with ¼ turn right 03.00
7&8 L step forward (7), R beside L (&), step L forward (8) with ¼ turn R 06.00

[25-32] Side Triple- ¼ Turn L Side Triple- Syncopated Jazz Box with Cross Triple

- 1&2 R side step (1), L beside R (&), R side step (2), 06.00
3&4 ¼ turn L side step on L (3), R beside L (&), L side step (4), 03.00
5 6 cross R over L (5), back step on L (6) 03.00
&7&8 ball side on R (&), cross L over R (7), R side step (&), cross L over R (8) 03.00

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format.

Carolyne Sabatier (cs26081961@gmail.com) All rights reserved
<http://cs26081961.wix.com/carolynedance>

ENJOY..... With BIG SMILE !!!!!