## Work From Home



Count: 32 Wand: 4 Ebene: Improver

Choreograf/in: Maryloo (FR) - November 2017

Musik: Work from Home - Fifth Harmony

Intro: 16 counts



S1: DIAGONALLY FORWARD : STEP, LOCK, STEP, LOCK, STEP ( R & L)		
1-2	Step R diagonally forward, lock L behind R (popping R knee forward)	
3&4	Step R forward, lock L behind R, step R forward	
5-6	Step L diagonally forward, lock R behind L (popping L knee forward)	
7&8	Step L forward, lock R behind L, step L forward	

### S2: CROSS MAMBO ( R & L), STEP, PIVOT $\frac{1}{2}$ TURN TO L, SKATE (R & L)

1-2&	Cross R over L, recover on L, step R to side
3-4&	Cross L over R, recover on R, step L to side
	0. 5.6

5-6 Step R forward, pivot ½ turn to L (weight on L) (6.00)

7-8 Skate R forward, skate L forward

#### S3: R CROSS ROCK, SAILOR 1/4 TURN R, L CROSS ROCK, SAILOR 1/2 TURN L

1-2	Cross rock R over L, recover on L,
3&4	Step R behind L, ¼ turn R and step L next to R, step R forward (9.00)
5-6	Cross rock L over R, recover on R
7&8	Step L behind R, ½ turn to L and step R next to L, step L forward (3.00)

# S4: R JUMP FORWARD, HOLD, L JUMP FORWARD, HOLD, JUMP FORWARD, JUMP BACKWARD, BALL-CROSS, UNWIND ½ TURN R

&1-2	Jump R forward, close L next to R, hold ( make a little bounce in the body)
&3-4	Jump R forward, close L next to R, hold ( make a little bounce in the body)
&5&6	Jump R forward, close L next to R, Jump R back, close L next to R
&7-8	Step/ball R next to L ,cross L over R, Unwind ½ turn R (weight on L) (3.00)

Restart 1: During wall 4 (that begins at 3.00) after 16 counts (9.00) Restart 2: During wall 8 (that begins at 12.00) after 16 counts (6.00)

#### FINAL: During wall 13, make the 4 first counts, then make a step ½ turn to right (facing 12.00)

1-2 Step R diagonally forward , lock L behind R (popping R knee forward)

3&4 Step R forward, lock L behind R, step R forward 5-6 Step L forward , pivot ½ turn R ( weight on R) ( 12.00)

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