

Buckingham Cha Cha

Count: 64

Wand: 2

Ebene:

Choreograf/in: Jenifer Wolf (CAN) - October 2017

Musik: Lay Down For Free - Lindsey Buckingham & Christine McVie



Intro: 16 counts, vocals Improver - No Tags Or Restarts

(A) STEP SIDE, ROCK FORWARD, REPLACE, SIDE CHASSE

- 1-2-3 Step right foot to right side, Rock forward on left foot, Step right foot in place
- 4&5 Step left foot to left side, Step right foot beside left foot, Step left foot to left side
- 6-7 Rock right foot forward, Step left foot in place
- 8&1 Step right foot to right side, Step left foot beside right foot, Step right foot to right side

(B) STEP FORWARD, TURN ½ R., LOCK STEP, STEP FORWARD, ½ LEFT, HOLD

- 2-3 Step left foot forward, Turn ½ right onto right foot
- 4&5 Step left foot forward, Cross right foot behind left foot, Step left foot forward
- 6-7 Step right foot forward, Turn ½ left onto left foot
- 8 Hold (weight on left foot)

(C) SIDE ROCK RIGHT, BACK ROCK, SIDE ROCK, WEAVE

- 1-2 Step right foot to right side, Step left foot to left side (side rock)
- 3-4 Rock right foot back, Step left foot in place (back rock)
- 5-6 Step right foot to right side, Step left foot to left side (side rock)
- 7&8 Cross right foot behind left foot, Step left foot to left side, Cross right foot over left foot

(D) SIDE ROCK LEFT, BACK ROCK, SIDE ROCK, WEAVE

- 1-2 Step left foot to left side, Step right foot to right side (side rock)
- 3-4 Step left foot back, Step right foot in place (back rock)
- 5-6 Step left foot to left side, Step right foot in place (side rock)
- 7&8 Cross left foot behind right foot, Step right foot to right side, Cross left foot over right foot

(E) STEP, TOUCH, TURN ½ L., BRUSH, STEP, TOUCH, TURN ¼ L., BRUSH

- 1-2 Step forward on right foot, Touch left foot beside right foot
- 3-4 Turn ½ left onto left foot, Brush right foot beside left foot
- 5-6 Step forward right foot, Touch left foot beside right foot
- 7-8 Turn ¼ left onto left foot, Brush right foot beside left foot

(F) ROCK, REPLACE, BACK, SWEEP, BACK, SWEEP, COASTER

- 1-2 Rock right foot forward, Step left foot in place
- 3-4 Step right foot back, Sweep left foot from front in a semi circle to behind right foot
- 5-6 Step left foot back, Sweep right foot from front in a semi circle to behind left foot
- 7&8 Step right foot back, Step left foot beside right foot, Step right foot forward

(G) HIP BUMPS, STEP, BRUSH, HIP BUMPS, STEP, BRUSH

- 1-2 Step left foot forward on a left diagonal as you push hips left, Hips back weight on right
- 3-4 Step left foot in place, Brush right foot beside left foot
- 5-6 Step right foot forward on a right diagonal as you push hips right, Hips back weight on left
- 7-8 Step right foot in place, Brush left foot beside right foot

(H) ROCK, REPLACE, CHASSE ¼ LEFT, 4 STEPS INTO 1/2 TURN LEFT

- 1-2 Rock right foot forward, Step left foot in place
- 3&4 Step left foot to left side, Step right foot beside left foot, Turn ¼ left onto left foot

5-6 Start turning ½ left, stepping right foot, left foot
7-8 Keep turning right foot, left foot

Begin again, enjoy!

Step Description may be copied without any alteration, except with the permission of the choreographer.

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