Going Up The Country



Count: 48 Wand: 4 Ebene: Improver

Choreograf/in: Carl Sullivan (AUS) - October 2017

Musik: Going Up the Country - Canned Heat: (Album: The Best Of Canned Heat)



PATTERN: Each Sequence Turns 1/4 Right

1-2 3-4 5-6-7 8	Step R fwd, Hook L foot behind R knee Step L back, Hook R across L shin Step R fwd, Lock-Step L behind R, Step R fwd Scuff L fwd
1-2 3-4 5-6-7 8	Step L fwd, Hook R foot behind L knee Step R back , Kick L fwd Step L back, Step R beside L, Cross-step L over R (Coaster cross) Hold
1-2 3-4-5 6 7-8	Step R to R, Hitch L knee Step L to L, Cross R behind L, ¼ L Step L fwd - 9:00 Hold Step R fwd, Pivot ½ turn L onto L - 3:00
1-2 3-4 5-6 7-8	Step R fwd, Step L fwd Twist both heels L, Twist both heel R Step R fwd, Step L fwd Bounce both heels twice as you turn ½ R - 9:00
1-4 5-8	R back Coaster (R, L, R), Scuff L fwd Step L fwd, Lock-step R behind L, Step L fwd, Scuff R fwd
1-4 5-6 7-8	Step R fwd, Lock-step L behind R, Step R fwd, Scuff L fwd Step L fwd, Pivot ½ turn onto R - 3:00 Step L fwd, Hold
 [48]	

Tag & Restart facing 9:00

On 8th Wall - dance the first 16 counts and do a Coaster step instead of the Coaster Cross. Then start from the beginning. The music stops but the count goes on & sequence begins again.

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