Just Lay Low (P)



Count: 32 Wand: 0 Ebene: Improver Partner

Choreograf/in: Stephen Pistoia (USA) - September 2017

Musik: Lay Low - Josh Turner: (iTunes)



Intro: 32 counts

Side by side position. Man's FT work described. Women same.

(1-8) STEP LOCK SHUFFLE. STEP LOCK SHUFFLE

	1-2	step RF forward, step LF up behind RF
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3&4 step RF forward, step LF next to RF, step RF forward

5-6 step LF forward, step RF up behind LF

7&8 step LF forward, step RF next to LF, step LF forward

(9-16) ROCK RECOVER COASTER STEP, ROCK RECOVER SHUFFLE ½ turn

1-2 step RF forward, recover on LF

3&4 step RF backwards, step LF next to RF, step RF forward

5-6 step LF forward, recover on RF

7&8 step LF ½ turn LT, step RF next to LF, step LF forward

(right here drop the right hands and pick back up after pivot)

(17-24) PIVOT ½ TURN LT, CROSS POINT X 3

1-2	step RF forward, pivot ½ turn LT on LF
3-4	step RF forward, point LF out to LT
5-6	cross LF over RF, point RF out to RT
7-8	cross RF over LF, point LF out to LT

(25-32) WALK WALK SHUFFLE JAZZBOX

1-2 step LF forward, step RF forward

3&4 step LF forward, step RF next to LF, step LF forward

5-6 cross RF over LF, step LF back7-8 step RF out to RT, step LF next to RF

Any questions contact me @ pistoias@ymail.com