

Amame

Count: 64

Wand: 4

Ebene: Intermediate Rumba

Choreograf/in: Nicole Côté (CAN) - August 2017

Musik: Amame - Belle Perez



Start 32 Counts (14 seconds into track)

S1: Basic Rumba

- 1-2 Rock left Forward, Recover right
- 3-4 Step left side, Hold
- 5-6 Rock right Back, Recover left
- 7-8 Step right side, Hold

S2: Forward Rocks

- 1-2 Rock left Forward, Recover right
- 3-4 Rock left Forward, Hold
- 5-6 Rock right Forward, Recover left
- 7-8 Rock right Forward, Hold

S3: Half a Box, Slide to the right

- 1-2 Step left side, Step right together
- 3-4 Step left forward, hold
- 5-6 Step right side, Step left together
- 7-8 Step right side, hold

S4: Side Break L and R, Quarter Turn Right

- 1-2 Rock left behind right, Recover right
- 3-4 Step left side, hold
- 5-6 Rock right behind left, Recover left
- 7-8 Step right forward (turning $\frac{1}{4}$ right), hold

S5: Basketball Change (1/2 Turn Right), Forward Rock

- 1-2 Step left forward, Turn $\frac{1}{2}$ right, Step right forward
- 3-4 Step left forward, hold
- 5-6 Rock right forward, Recover left
- 7-8 Rock right forward, Hold

S6: Cross Body Lead

- 1-2 Rock left forward, Recover right (turning $\frac{1}{4}$ left)
- 3-4 Step left side, hold
- 5-6 (turning $\frac{1}{4}$ left) Rock right back, Recover left (step forward)
- 7-8 Step right forward

S7: Rumba Box

- 1-2 Step left side, Step right together
- 3-4 Step left forward, hold
- 5-6 Step right side, Step left together
- 7-8 Step right back, hold

S8: Cucaracha

- 1-2 Press left side, Shift weight left, then right
- 3-4 Step left together, hold

5-6 Press right side, Shift weight right, then left
7-8 Step right together, hold

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