

# The Dance

Count: 64

Wand: 4

Ebene: Phrased Intermediate

Choreograf/in: Kirs-Marja Vinberg (FIN) - August 2017

Musik: Tango - Michael Nantel



Parts: A(32) and B(32)

Sequence: AAAAAA B AAAAAA

**PART A: 32 counts**

**A1: CROSS STEP, TOE TAPS, CROSS STEP, TOE TAPS**

- 1-2 step right foot across left (slow)
- 3-4 tap left toe back, to side with knee inward(quick quick)
- 5-6 step left foot across right(slow)
- 7-8 tap right toe back, to side with knee inward(quick quick)

**Obs. Hold your hands to side, in shoulder level**

**A2: CROSS STEP, ROCK STEP TO SIDE, CROSS STEP, ROCK STEP TO SIDE**

- 1-2 step right across left(slow)
- 3-4 rock left foot to side, change weight to the right foot(quick quick)
- 5-6 step left across right(slow)
- 7-8 rock right foot to side, change weight to the left foot(quick quick)

**A3: STEP FORWARD, 2 STEPS BACK**

- 1-2 step right forward(slow)
- 3-4 step left foot back, right foot back(quick quick)

**STEP BACK WITH  $\hat{A}\frac{1}{4}$  TURN R AND SWEEP, STEP TO SIDE, CROSS STEP**

- 5-6 step left back and turn  $\hat{A}\frac{1}{4}$  right sweeping right toe to right side(slow)
- 7-8 step right to side, left across(quick quick)

**A4: STEP TO SIDE, SWAYS,HOLD**

- 1-2 step right to side, hold(slow)
- 3-4 sway hips to left, right(quick quick)
- 5 sway hips to left
- 6-8 hold(you can start lifting your hands to side)

**Also: 6-8 hold, touch right toe beside left foot, touch right toe to side(quick quick)**

**PART B: 32 counts**

**B-part is danced only once, after 6th wall, to the backwall**

**B1: DIAGONAL LUNGE, DIAGONAL ROCKING CHAIR**

- 1-2 step long step diagonally left with right foot(slow)
- 3-4 change weight to the left foot(slow)
- 5-6 step right back, left in place(quick quick)
- 7-8 step right forward, left in place(quick quick)

**B2: SWAYS**

- 1-2 step right to side swaying hips(slow)
- 3-6 sway hips to left, right left right (quick quick quick quick)
- 7-8 sway hips to left right(quick quick)

**B3: DIAGONAL LUNGE, DIAGONAL ROCKING CHAIR**

- 1-2 step long step diagonally right with left foot(slow)
- 3-4 change weight to the right foot(slow)
- 5-6 step left foot back, right in place(quick quick)
- 7-8 step left foot forward, right in place(quick quick)

**B4: STEP TO SIDE, ROCK STEP TO SIDE, TOUCH WITH HOLDS**

- 1-2 step left to side(slow)
- 3-4 rock right foot to side, step left in place(quick quick)
- 5 touch right toe beside left foot knee inward

6-8 hold(you can start lifting your hands to side)

**Also: 6-8 hold, touch right toe to side, together(quick quick)**

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