

Heart History

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Kim Liebsch (DK) - August 2017

Musik: Story of a Heart - Steps : (4:16)



Intro: 16 counts after 1st beat (appr. 10 sec) Start with weight on L foot

Restart: On wall 9 after 30 counts (9:00)

Ending: Rock recover, side rock

#1 section: □ Rock recover, shuffle back, back rock, shuffle fw. □

- 1-2 Rock fw. on R, recover on L □ 12:00
- 3&4 Step back on R, step L next to R, step back on R □ 12:00
- 5-6 Rock back on L, recover on R □ 12:00
- 7&8 Step fw. on L, step R next to L, step fw. on L □ 12:00

#2 section: □ Step ¼ turn, cross shuffle, side hold, behind side cross □

- 1-2 Step fw. on R, make ¼ turn L stepping L to L side □ 9:00
- 3&4 Cross R over L, step L to L side, cross R over L □ 9:00
- 5-6 Step L to L side, hold □ 9:00
- 7&8 Cross R behind L, step L to L side, cross R over L □ 9:00

#3 section: □ Side rock, behind side cross, point back, point back □

- 1-2 Rock L to L side, recover on R □ 9:00
- 3&4 Cross L behind R, step R to R side, cross L over R □ 9:00
- 5-6 Point R to R side, step back on R □ 9:00
- 7-8 Point L to L side, step back on L □ 9:00

#4 section: □ Back rock, 2 X step ½ turn, kick ball step □

- 1-2 Rock back on R, recover on L □ 9:00
- 3-4 Step fw. on R, make ½ turn L stepping fw. on L □ 3:00
- 5-6 Step fw. on R, make ½ turn L stepping fw. on L □ 9:00
- 7&8 Kick R fw. step R next to L, step fw. on L □ 9:00

Ending: □ Rock recover, side rock □

- 1-2 Rock fw. on R, recover on L □ 9:00
- 3-4 Make ¼ turn R stepping R to R side, recover on L □ 12:00

Good Luck & N'joy!

(Contact: Kimliebsch on Instagram and liebsch@ymail.com)