

# Heart History

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Kim Liebsch (DK) - August 2017

Musik: Story of a Heart - Steps : (4:16)



**Intro: 16 counts after 1<sup>st</sup> beat (appr. 10 sec) Start with weight on L foot**

**Restart: On wall 9 after 30 counts (9:00)**

**Ending: Rock recover, side rock**

**#1 section: □ Rock recover, shuffle back, back rock, shuffle fw. □**

- 1-2 Rock fw. on R, recover on L □ 12:00
- 3&4 Step back on R, step L next to R, step back on R □ 12:00
- 5-6 Rock back on L, recover on R □ 12:00
- 7&8 Step fw. on L, step R next to L, step fw. on L □ 12:00

**#2 section: □ Step ¼ turn, cross shuffle, side hold, behind side cross □**

- 1-2 Step fw. on R, make ¼ turn L stepping L to L side □ 9:00
- 3&4 Cross R over L, step L to L side, cross R over L □ 9:00
- 5-6 Step L to L side, hold □ 9:00
- 7&8 Cross R behind L, step L to L side, cross R over L □ 9:00

**#3 section: □ Side rock, behind side cross, point back, point back □**

- 1-2 Rock L to L side, recover on R □ 9:00
- 3&4 Cross L behind R, step R to R side, cross L over R □ 9:00
- 5-6 Point R to R side, step back on R □ 9:00
- 7-8 Point L to L side, step back on L □ 9:00

**#4 section: □ Back rock, 2 X step ½ turn, kick ball step □**

- 1-2 Rock back on R, recover on L □ 9:00
- 3-4 Step fw. on R, make ½ turn L stepping fw. on L □ 3:00
- 5-6 Step fw. on R, make ½ turn L stepping fw. on L □ 9:00
- 7&8 Kick R fw. step R next to L, step fw. on L □ 9:00

**Ending: □ Rock recover, side rock □**

- 1-2 Rock fw. on R, recover on L □ 9:00
- 3-4 Make ¼ turn R stepping R to R side, recover on L □ 12:00

**Good Luck & N'joy!**

**( Contact: Kimliebsch on Instagram and liebsch@ymail.com )**