

The Sun Girl

Count: 140

Wand: 1

Ebene: Phrased Advanced

Choreograf/in: Adriano Castagnoli (IT) - August 2017

Musik: Sun Drop Girl - Mockingbird Sun : (Album: EP The Muscle Shoals - 2011)



Sequence: AB Tag1 ABB Tag2 B*B

PART A: 76 counts (the first 12 count are with the beginning of the voice, without the music)

***[AS1] STRIDE BACK, SLIDE, STOMP LEFT, 3 HOLD**

1-2-3-4 Long Step Back On Right, Slide Back Left Until Right Foot in 3 count

5-6-7-8 Stomp Left Forward, Hold, Hold, Hold

***[AS2] HOOK RIGHT COMBINATION AND FLICK UP BACK**

1-2 Touch Right Heel Forward, Hook Right Over Left

3-4 Touch Right Heel Forward, Flick Up Back Right

[AS3] LOCK FORWARD RIGHT, TOGETHER, SCISSOR LEFT, SCUFF

1-2 Step Right Forward, Lock Left Behind Right

3-4 Step Right Forward, Step Left Beside Right

5-6 Step Left Diagonally Back To Left, Step Right Beside Left

7-8 Cross Left Over Right, Scuff Right Beside Left

[AS4] WEAVE RIGHT, TURN 1/4 RIGHT AND ROCK FORWARD, STEP BACK, HOLD

1-2 Step Right To Right Side, Cross Left Behind Right

3-4 Step Right Diagonally Back To Right, Cross Left Over Right

5-6 Turn 1/4 Right And Rock Forward On Right, Return Onto Left (03:00)

7-8 Step Right Back, Hold

[AS5] COASTER STEP LEFT, SCUFF, TURN 1/4 LEFT, STOMP UP, LEFT SIDE, SCUFF

1-2 Step Left Back, Step Right Beside Left

3-4 Step Left Forward, Scuff Right Beside Left

5-6 Turn 1/4 Left And Step Right To Right Side, Stomp Up Left Beside Right (12:00)

7-8 Step Left To Left Side, Scuff Right Beside Left

[AS6] VAUDEVILLE LEFT, TOUCH TOE, 2 KICKS, ROCK BACK RIGHT

1-2 Cross Right Over Left, Step Left Diagonally Back To Left

3-4 Touch Right Heel Diagonally Forward To Right, Touch Right Toe Back

5-6 Kick Right Forward (Twice)

7-8 Jumping Rock Back On Right, Return Onto Left

[AS7] STOMP RIGHT (TWICE), HEEL SWIVELS, POINT RIGHT, BACK, KICK, STOMP

1-2 Stomp Up Right Beside Left, Stomp Right Forward

3-4 Swivel Both Heels To Right Side, Return Both Heel To Centre

5-6 Point Right Toe To Right Side, Step Right Back

7-8 Kick Left Forward, Stomp Left A Little Forward

[AS8] SWIVEL FEET (LEFT, RIGHT), APPLE JACKS (RIGHT, LEFT)

1-2 Swivel Left Foot To Left Side (Toe, Heel)

3-4 Swivel Right Foot To Left Side (Heel, Toe)

5-6 Apple Jacks To Right Side Opening Toes, Return To Centre Closing Toes

7-8 Apple Jacks To Left Side Opening Toes, Return To Centre Closing Toes

[AS9] SCISSOR LEFT, SCUFF, ROCKING CHAIR FORWARD RIGHT

- 1-2 Step Left Diagonally Back To Left, Step Right Beside Left
- 3-4 Cross Left Over Right, Scuff Right Beside Left
- 5-6 Rock Forward On Right, Return Onto Left
- 7-8 Rock Back On Right, Return Onto Left

[AS10] PIVOT 1/2 LEFT (TWICE), ROCK BACK LEFT, STOMP LEFT (TWICE)

- 1-2 Step Right Forward, Pivot 1/2 Turn Left (06:00)
- 3-4 Repeat 1-2 (12:00)
- 5-6 Jumping Rock Back On Left And Kick Right Forward, Return Onto Right
- 7-8 Stomp Up Left Beside Right, Stomp Left Forward

PART B: 64 counts

[BS1] KICK, CROSS, KICKS (RIGHT, LEFT), CROSS, KICK, CROSS, KICK

- 1-2 Kick Right Forward, Jumping Cross Right Over Left
- 3-4 Jump Back On Left And Kick Right Forward, Change And Kick Left Forward
- 5-6 Cross Left Over Right, Jump Back On Right And Kick Left Forward
- 7-8 Repeat 5-6

[BS2] ROCK BACK LEFT, JUMPING FULL TURN RIGHT WITH KICKS AND FLICK UP BACK, JUMPING JACKS

- 1-2 Jumping Rock Back On Left, Return Onto Right (Weight On It)
- 3-4 Jumping Kick Left Forward, Turn 1/2 Right Jump On Left And Flick Up Back Right (06:00)
- 5-6 Turn 1/2 Right And Kick Right Forward, Jump On Right On Place & Flick Up Back Left (12:00)
- 7-8 Jump Landing Feet Apart Outside, Return Both Feet To Centre

[BS3] JUMP IN DIAGONAL, FLICK UP BACK, ROCK BACK LEFT, STOMP LEFT (TWICE), POINT RIGHT, FORWARD

- 1-2 Jump Landing Feet Apart In Diagonally (Shoulders To Right), Return To Centre Jumping On Right And Flick Up Back Left
- 3-4 Jumping Rock Back On Left And Kick Right Forward, Return Onto Right
- 5-6 Stomp Up Left Beside Right, Stomp Left Forward
- 7-8 Point Right Toe To Right Side, Step Right Forward

[BS4] KICK, STOMP UP, KICK SIDE, STOMP UP, SCISSOR LEFT, SCUFF

- 1-2 Kick Left Forward, Stomp Up Left Beside Right
- 3-4 Kick Left To Left Side, Stomp Up Left Beside Right
- 5-6 Step Left Diagonally Back To Left, Step Right Beside Left
- 7-8 Cross Left Over Right, Scuff Right Beside Left

[BS5] RIGHT SIDE, STOMP UP, LEFT SIDE, SCUFF, ROCKING CHAIR FORWARD RIGHT

- 1-2 Step Right To Right Side, Stomp Up Left Beside Right
- 3-4 Step Left To Left Side, Scuff Right Beside Left
- 5-6 Rock Forward On Right, Return Onto Left
- 7-8 Rock Back On Right, Return Onto Left

[BS6] FULL TURN LEFT FORWARD WITH TOES STRUT, ROCK HEEL FORWARD, STRIDE, SLIDE

- 1-2 Turn 1/2 Left And Touch Right Toe Back, Drop Toe Taking Weight (06:00)
- 3-4 Turn 1/2 Left And Touch Left Toe Forward, Drop Toe Taking Weight (12:00)
- 5-6 Rock Forward On Right Heel, Return Onto Left
- 7-8 Long Step Right Back, Slide Back Left Until Right Foot

[BS7] STOMP LEFT (TWICE), APPLE JACKS (LEFT, RIGHT), STOMP UP, SCUFF

- 1-2 Stomp Left Beside Right (Twice)
- 3-4 Apple Jacks To Left Side Opening Toes, Return To Centre Closing Toes

- 5-6 Apple Jacks To Right Side Opening Toes, Return To Centre Closing Toes
7-8 Stomp Up Right Beside Left, Scuff Right Beside Left

[BS8] GRAPEVINE RIGHT, POINT LEFT, ROLLING FULL TURN LEFT, STOMP

- 1-2 Step Right To Right Side, Cross Left Behind Right
3-4 Step Right To Right Side, Point Left Toe To Left Side
5-6 Step Left 1/4 Turn Left, On Ball Of Left Make 1/2 Turn Left Stepping Back Right (03:00)
7-8 Turn 1/4 Left On Right And Stepping Left To Left Side, Stomp Up Right Beside Left (12:00)

TAG 1: after first part B

T1S1: FOOT BOOGIE RIGHT, HEEL SWITCHES RIGHT

- 1-2 Swivel Right Foot To Right Side (Toe, Heel)
3-4 Swivel Right Foot To Left Side (Heel, Toe)
5-6 Touch Right Heel Forward, Step Right Beside Left
7-8 Touch Left Heel Forward, Step Left Beside Right

T1S2: DAGONAL STEPS WITH STOMP UP, ROCK BACK RIGHT, STOMP, HOLD

- 1-2 Step Right Diagonally Forward To Right, Stomp Up Left Beside Right
3-4 Step Left Diagonally Back To Left, Stomp Up Right Beside Left
5-6 Jumping Rock Back On Right And Kick Left Forward, Return Onto Left
7-8 Stomp Right Beside Left, Hold

TAG 2: after 3rd part B (* After the tag 2 start again part B from 5th sequence)

T2S1: TOES STRUT FORWARD (RIGHT, LEFT, RIGHT, LEFT)

- 1-2 Step Forward On Right Toe, Drop Heel Taking Weight
3-4 Step Forward On Left Toe, Drop Heel Taking Weight
5-6 Repeat 1-2
7-8 Repeat 3-4

T2S2: STRIDE, SLIDE, STOMP LEFT (TWICE), SWIVEL LEFT FOOT (TOE, HEEL, TOE), STOMP UP

- 1-2 Long Step Right To Right Side, Slide Left To Right Side Until Right Foot
3-4 Stomp Left Beside Right (Twice)
5-6 Swivel Left Foot To Left Side (Toe, Heel)
7-8 Swivel Left Toe To Left Side, Stomp Up Right Beside Left

T2S3: TOES STRUT BACK (RIGHT, LEFT, RIGHT, LEFT)

- 1-2 Step Back On Right Toe, Drop Heel Taking Weight
3-4 Step Back On Left Toe, Drop Heel Taking Weight
5-6 Repeat 1-2
7-8 Repeat 3-4

T2S4: ROCK BACK RIGHT, STOMP RIGHT (TWICE), PIVOT 1/2 LEFT (TWICE)

- 1-2 Jumping Rock Back On Right And Kick Left Forward, Return Onto Left
3-4 Stomp Left Beside Right (Twice)
5-6 Step Right Forward, Pivot 1/2 Turn Left (06:00)
7-8 Repeat 5-6 (12:00)
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