

American Girls

Count: 48

Wand: 2

Ebene: Phrased Improver

Choreograf/in: Antonio Manigas (IT) - July 2017

Musik: Bleed Like That - Cody Bryan Band



Sequence : A,B,B,A(16),Ar(16),B,B,Bridge X2,A(16),B,B,B,B

A1: ROCK RIGHT (FW/BCK),COASTER STEP LEFT,WAVE RIGHT,SIDE RIGHT,CROSS

- 1&2 Step Right Forward, Step Right Back (Weight in Left)
3&4 Step Left Back,Step Right back Beside Left , Step Left Forward
5&6 Step Right To Right Side,Cross Left Behind Right,Step Right To Right Side
&7&8 Cross Left Behind Right, Step Right To Right Side,Step Left Beside Right , Cross Right Behind Left

A2: (TURN ¼ LEFT SIDE) ROCK LEFT (TURN ¼),ROCK RIGHT (FW/BCK),COASTER STEP LEFT,SCUFF,JUMP,STOMP

- 1&2 Turn ¼ To Left Side And Step Left Forward, Return To The Right (Weight To R),Turn ¼ To Left Side And Step Left Forward
3&4 (Weight On Left) Step Right Forward , Step Right Back
5&6 Step Left Back , Step Right Back Beside Left , Step Left Forward
7&8 Scuff Right , Jump Forward Right ,Stomp Right Beside Left

A3: SCISSOR LEFT,(TURN ¼ RIGHT)ROCK RIGHT,SHUFFLE LEFT, ROCK BACK RIGHT , STOMP

- 1&2 Step Left To Left Side , Step Right Beside Left , Cross Left Behind Right
3&4 Turn ¼ To Right Side And Step Right Forward , Return To Left (Weight To L) Turn ¼ To Right Side And Step Right Forward
5&6 Step Left Forward, Step Right Beside To Left , Step Left Forward
7&8 (Jumping) Rock Back On Right And Kick Left Forward, Return Onto Left , Stomp Right Beside Left

A4: STEP LOCK RIGHT,FLICK, LOCK BACK , TURN ½ ROCK , TURN ½ ROCK , ROCK BACK RIGHT , STOMP

- 1&2& Step Right Forward , Lock Left Behind Right , Step Right Forward , Flick Left
3&4 Step Left Back , Close Right Over Left , Step Left Back
5- 6 Turn ½ (06:00) Step Right Foreard , Turn ½ (00:00) Step Right Forward
7&8 (Jumping) Rock Back On Right And Kick Left Forward , Return Onto Left ,Stomp Right Beside Left

B1: TOUCH TOE, TOUCH HEEL,COASTER STEP RIGHT,TOUCH TOE , TOUCH HEEL,COASTER STEP LEFT

- 1&2 Touch Right Toe Diagonally Back To Right, Touch Right Toe Diagonally Back To Right , Touch Right Heel Forward To Right
3&4 Step Right Back , Step Left Beside Right , Step Right Forward
5&6 Touch Left Toe Diagonally Back To Left , Touch Left Toe Diagonally Back To Left , Touch Heel Forward To Left
7&8 Step Left Back , Step Right Beside Left , Step Left Forward

B2: KICK BALL CHANGE RIGHT(TWICE),STOMP LEFT(TWICE),TURN ½ ROCK, ROCK BACK, STOMP

- 1&2 Kick Right Forward , Step Down On Ball Of Right Foot , Step Weight On Left And Stomp Beside Right
3&4 Kick Right Forward , Step Down On Ball Of Right Foot , Step Weight On Left And Stomp Beside Right
5 -6 Rock Right Forward , Turn ½ (06:00) Rock Right Forward

7&8 (Jumping) Rock Back On Right And Kick Left Forward , Return Onto Left , Stomp Right Beside Left

Bridge

S1:VAUDEVILLE LEFT/RIGHT, HOOK COMBINATION,SHUFFLE RIGHT

1&2& Cross Right Over Left ,Step Left Diagonally Back To Left, Touch Right Heel Diagonally Forward To Right, Step Right To Right Side

3&4& Cross Left Over Right, Step Right Diagonally Back To Right, Touch Left Heel Diagonally Forward To Left Step Left To Left Side

5&6& Kick Forward Right, Hook Right Over Left,Kick Forward Right, Flick Right

7&8 Step Right Forward, Step Left Beside Right , Step Right Forward

S2: ROCK TURN ½ ,FULL TURN,ROCK RIGHT (FW/BCK),COASTER STEP LEFT

1-2 Rock Left Forward, Turn ½ (06:00) Rock Left Forward

3-4 Turn ½ (00:00) Step Right To Back Side , Turn ½ (06:00) Step Left Forward

5&6 Step Right Forward , Step Right Back (Weight On Left)

7&8 Step Left Back , Step Right Beside Left , Step Left Forward

Repeat

Restart After 16 counts on the 2th repetition (part A)

Bridges After 2nd repetition part B

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