

# My Lonely Drum

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Kristina Åkerman (SWE), Eva Andersson (SWE) & Jane Nilsson (SWE) - June 2017

Musik: Lonely Drum - Aaron Goodvin : (iTunes)



**Intro: 40 counts – start on lyrics**

**S1: Stomp, kick, triple step, stomp, kick, triple step**

1-2 Stomp right foot beside left, kick right foot forward  
3&4 Triple step right left right in place  
5-6 Stomp left foot beside right, kick left foot forward  
7&8 Triple step left right left in place

**S2: Cross rock, chasse right, cross rock, chasse left**

1-2 Cross right foot in front of left, recover on to left  
3&4 Step right to right side, step left beside right, step right to right side  
5-6 Cross left foot in front of right, recover on to right  
7&8 Step left foot to left side, step right beside left, step left to left side

**S3: Step forward, tap, step back, ¼ turn right, step forward, tap, step back, ¼ turn left**

1-2 Step forward on right foot, tap left toe behind right heel  
3-4 Step back on left foot, ¼ turn right stepping right to right side  
5-6 Step forward on left foot, tap right toe behind left heel  
7-8 Step back on right foot, ¼ turn left stepping left to left side

**S4: Kick-Ball-Cross x 2, heel grind ¼ turn right, rock step**

1&2 Kick right foot diagonally right, touch right ball beside left, cross left in front of right  
3&4 Kick right foot diagonally right, touch right ball beside left, cross left in front of right  
5-6 Touch right heel forward, grind right toe ¼ right stepping back on left  
7-8 Step back on right foot, recover onto left

**TAG: Easy Tag at the end of the 3rd wall**

**STEP, HOLD, ROCK/RECOVER, STEP, HOLD, ROCK/RECOVER**

1-2-3-4 Step right foot to right side, hold, rock back on left foot, recover onto right foot  
5-6-7-8 Step left foot to left side, hold, rock back on right foot, recover onto left foot

Have fun

Last Update - 1st August 2017