

Sand In Our Shoes

Count: 32

Wand: 4

Ebene: Beginner / Improver

Choreograf/in: Derek Robinson (UK) - June 2017

Musik: Sand in Our Shoes (feat. Billy Yates) - Moore & Moore : (CD: My Present to You - iTunes & Amazon)



#36 count intro. Tag at the end of walls 3 & 6

Sec 1: □ FORWARD, POINT x 2, FORWARD ROCK, TRIPLE ¼ TURN

- 1-2 Step forward on right, point left toe to left side
- 3-4 Step forward on left, point right toe to right side
- 5-6 Rock forward on right, recover onto left
- 7&8 Make a triple ¼ turn right, stepping – R L R (3.00)

Sec 2: □ WEAVE RIGHT ¼ TURN, FORWARD ROCK, SHUFFLE BACK

- 1-2 Cross left over right, step right to right side
- 3-4 Cross left behind right, make ¼ turn right stepping forward on right (6.00)
- 5-6 Rock forward on left, recover onto right
- 7&8 Shuffle back, stepping – L R L

Option: (Replace steps 5-8 with “Step forward left, pivot ½ turn right, shuffle ½ turn right, stepping – L R L”)

Sec 3: □ ¼ TURN, KICK, SIDE, KICK, SIDE ROCK, COASTER STEP

- 1-2 Make ¼ turn right stepping right to right side, kick left forward across right (9.00)
- 3-4 Step left to left side, kick right forward across left
- 5-6 Rock to right side on right, recover onto left
- 7&8 Step back on right, step left to left beside right, step forward on right

Sec 4: □ WALK ½ CIRCLE RIGHT WITH HOLDS, CLAPS & ATTITUDE!

- 1-2 Start walking in a ½ circle right - stepping forward on left, hold
- 3-4 Continue turning right stepping forward on right, hold
- 5-6-7 Continue turning right walking forward left, right, left (3.00)
- &8 Clap twice

(Tag here at the end of wall 3 facing 9.00 & wall 6 facing 6.00)

Begin again

Tag: □ RIGHT ROCKING CHAIR

- 1-2 Rock forward on right, recover onto left
- 3-4 Rock back on right, recover onto left