

Dame Mas

Count: 32

Wand: 4

Ebene: Improver

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Musik: Más - Kamaleon



Intro : 16 counts

[1-8] : Step – Mambo ¼ turn Step – Step ¾ turn Step – Mambo – Walk Back x2

- 1-2& Step RF to R – Cross LF behind RF – Recover on RF
3-4& Make ¼ turn L stepping LF forward – Step RF forward – Make ¾ turn L and put your weight on LF
5-6& Step RF forward – Step LF forward – Recover on RF
7-8 Step LF backward – Step RF backward

[9-16] : Weave - Hitch – Weave – Volta Step ¾ turn – Press

- 1&2 Cross LF behind RF – Step RF to R – Cross LF over RF
&3&4 Hitch R knee – Cross RF over LF – Step LF to L – Cross RF behind LF
5& Make ¼ turn L stepping LF forward – Step RF next to LF
6& Make ¼ turn L stepping LF forward – Step RF next to LF
7&8 Make ¼ turn L stepping LF forward – Step RF next to LF – Step LF to L and press with your weight on L (facing 3:00)

[17-24] : Body Roll – Kick – Weave – Hip Bump – Weave & Step forward

- 1-2 Make a body roll – Kick LF to L
3&4 Cross LF behind RF – Step RF to R – Cross LF over RF
5-6 Touch RF to R and bump R hip – Bump R hip
7&8 Cross RF behind LF – Step LF to L – Step RF forward

[25-32] : Mambo Forward – Mambo Backward – Mambo ½ turn Step – Walk x2

- 1&2 Step LF forward – Recover on RF – Step LF backward
3&4 Step RF backward – Recover on LF – Step RF forward
5&6 Step LF forward – Recover on RF – Make ½ turn L stepping LF forward
7-8 Step RF forward – Step LF forward

TAG : At the end of wall 2, 4 and 7 do this next 4 counts :

- 1-2 & Step RF to R – Cross LF behind RF – Recover on RF
3-4 & Step LF to L – Cross RF behind LF – Recover on LF