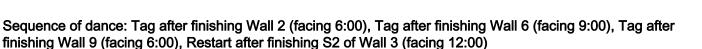
Poor Poor Pitiful Me

Ebene: High Beginner

Choreograf/in: Sally Hung (TW) - June 2017

Musik: Poor, Poor Pitiful Me - Linda Ronstadt



Intro: 16 counts from heavy beats, starts on vocals

Tag (4 counts)

1,2,3,4 Bumps to R twice, bumps to L twice

Main Dance (32 counts)

Count: 32

S1. VINE R WITH TOUCH, CHASSE L, BACK ROCK, RECOVER

- Step R to the R, cross step L behind R, step R to the R, touch L next to R 1.2.3.4
- 5&6,7,8 Step L to the L, close R beside L, step L to the L, rock back on R, recover onto L

S2. ROCKING CHAIR, (STEP, PIVOT ¼ TURN L)X2

- 1.2.3.4 Rock R fwd, recover onto L, rock back on R, recover onto L
- 5,6,7,8 Step fwd on R, Pivot ¼ turn L, step fwd on R, Pivot ¼ turn L

S3. R SIDE TOE STRUT, CROSS TOE STRUT, SIDE ROCK, RECOVER, ¼ L FWD SHUFFLE

- 1,2,3,4 Touch R toe to R side, drop heel, cross L toe in front of R, drop heel
- 5,6,7&8 Rock R to R side, recover onto L, ¼ turn L fwd shuffle on RLR

S4. KICK, KICK, ¼ L COASTER STEP, ¼ R MONTEREY TURN

- Kick L across R, kick L to L diagonal, 1/4 turn L stepping back on L, step R next to L, step L 1,2,3&4 fwd
- Point R to R side, turn ¼ R stepping R beside L, point L to Lside, step L beside R 5,6,7,8

Happy Dancing!

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Wand: 4