

# Shake It Kate

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Taren Gaia (SA) - May 2017

Musik: Sister Kate - The Ditty Bops



Intro: 16 counts

**Note:** This song was written for a fellow dancer (Bonnie Shen) for her 60th birthday – Gatsby Theme. Although it has a Charleston theme, it can be done to other styles/music with a standard 4/4 timing

**[1-8] □ □ Walk forward x2, Charleston step, Step 1/4 Pivot**

1-2            2 Walks forward (R-L)  
3-4            Tap RF forward, Step RF back  
5-6            Tap LF back, Step LF forward  
7-8            Step RF forward, pivot 1/4 turn L transferring weight onto LF

**[9-16] □ □ Cross-Strut-Side-Strut x2, Jazz box**

1&2&        Press R toe over LF, Lower R Heel down, Press L toe to L Side, Lower L Heel down  
3&4&        Press R toe over LF, Lower R Heel down, Press L toe to L Side, Lower L Heel down  
5-6            Cross RF over LF, step LF back  
7-8            RF to R Side, Step LF to RF keeping weight on LF

**[17-24] □ □ Walks Forward x3, Kick, Walks back x3, Touch**

1-4            3 walks forward (R-L-R), Kick LF forward  
5-8            3 walks back (L-R-L), Touch RF to LF

**[25-32] □ □ Side Point x2, Twists**

1-2            Tap RF to R side, Step RF to LF  
3-4            Tap LF to L side, Step LF to RF  
5&6            With knees slightly bent, Twist Heels (R-L-R)  
7&8            With knees slightly bent, Twist Heels (L-R-L)

**TAG: Wall 1, 3, 6 – after the chorus**

**Repeat the last 4 counts of the dance - Twists**

Enjoy

Contact: [taren@fusodanse.co.za](mailto:taren@fusodanse.co.za)

Please feel free to use alternate music but do not alter the step sheet without notifying the choreographer first.