

1 by 1

Count: 64

Wand: 1

Ebene: Beginner / Improver

Choreograf/in: Keezie White (USA) - April 2017

Musik: 1x1 - Trey Songz



SECTION ONE: CALYPSO, TOUCH & KICK, OUT IN HITCH, ROLL BACK

- 1, 2, 3, 4 Right Out to Side, Bring it back in; Left Out to Side, Bring it back in
5, 6, 7, 8 Tap Right, Kick Right; Tap Left Kick Left
1 & 2 & 3 & 4 Right tap out & in, hitch right knee; Left tap out & in hitch left knee
&
5, 6, 7, 8 Step back on Right and roll, Step back on Left and roll
1, 2, 3, 4 Right Out to Side, Bring it back in; Left Out to Side, Bring it back in
5, 6, 7, 8 Tap Right, Kick Right; Tap Left Kick Left
1 & 2 & 3 & 4 Right tap out & in, hitch right knee; Left tap out & in hitch left knee
&
5, 6, 7, 8 Step back on Right and roll, Sep back on Left and roll

SECTION TWO: FIGURE 8 CHA CHA , JAZZ SQUARE, KICK BALL CHANGE

- 1 & 2, 3, 4 Cha Cha Right (R, L, R) , Step Left and $\frac{1}{2}$ turn to the right
5 & 6, 7, 8 Cha Cha Left (L, R, L); Step Right and $\frac{3}{4}$ turn left back to the front wall
1, 2, 3 & 4. 5, 6, 7 & 8 Jazz box square (Right over Left, R, L R) Jazz box square (L over Right, L, R L)
1 & 2, 3, 4 Cha Cha Right (R, L, R) , Step Left and $\frac{1}{2}$ turn to the right
5 & 6, 7, 8 Cha Cha Left (L, R, L); Step Right and $\frac{3}{4}$ turn left back to the front wall
1 & 2, 3 & 4, 5 & 6, 7 & 8 Kick ball Change 4x moving forward beginning with right foot. R, R, L,; L, L, R; R, R, L,; L, L, R.

START OVER

Submitted by - Nzinga Khalid: mbsdancers@gmail.com