# First Punch

**Count: 32** 

Ebene: High Beginner

Choreograf/in: Ed Evangelista (USA) - May 2017

Musik: First Punch - Heather Richardson

Intro: Begin on lyrics, no tags, no restarts. Yeah!!

# CROSS ROCK, SHUFFLE, CROSS ROCK SUFFLE

- 1-2 Cross rock R over L, recover to L
- 3&4 Side shuffle right-left-right
- 5-6 Cross rock L over R, recover to R
- 7&8 Side shuffle left-right-left

# WIZARD RIGHT, WIZARD LEFT, ROCK RECOVER COASTER STEP

- 1-2& Step R diagonal right, step L behind R, step on R
- 3-4& Step L diagonal left, step R behind L, step on L
- 5-6 Rock forward on R, recover L
- 7&8 Step R back, step on L next to R, step forward on R

### PIVOT ¼ TURN SYNCOPATED WEAVE, SIDE ROCK SYNCOPATED WEAVE

- 1-2 Step forward on L, pivot ¼ turn shift weight to R
- 3&4 Step L behind R, step R to side, cross L over R
- 5-6 Rock R side right, recover on L
- 7&8 Step R behind L, step L to side, cross R over L with weight on R

### ROCKING CHAIR, COASTER STEP, CROSS ROCK RECOVER

- 1-2 Rock forward on L, recover to R
- 3&4 Step back on L, step R together, step forward on L
- 5-6 Cross R over L, recover to L
- 7-8 Rock R side right, recover weight to L

### START OVER & ENJOY!!

EMAIL; MrEd325@gmail.com





Wand: 4