

Whiter Shade of Pale

COPPER KNOB
STEPSHEETS

Count: 32

Wand: 2

Ebene: Intermediate

Choreograf/in: Judy Rodgers (USA) - April 2017

Musik: A Whiter Shade Of Pale - Procol Harum



#32 count intro - (NO Tags Or Restarts)

Step, sailor turn 1/4 L, step turn 1/2 R step back, back, back rocking chair

- 1 Step R big step right
- 2&3 Turning 1/4 left step L behind R, step R to side, step L fwd - 9:00
- 4-6 Step R fwd, turn 1/2 right step L back, step R back - 3:00
- 7&8& Rock L back, recover R, rock L fwd, recover R

Turn 1/2 L step fwd, side rock cross, turn 1/4 R, step side, cross & cross/rock, recover

- 1 Turn 1/2 left step L fwd □□□ □□9:00
- 2&3 Rock R to side, recover L, cross R over L
- 4-5 Turn 1/4 right step L back, step R to right side - 12:00
- 6&7 Cross L over R, step R to right side, cross/rock L over R
- 8 Recover R

Side rock recover, side behind turn 1/4 R, step, turn 1/2 L turn 1/2 L, rock recover turn 1/4 R

- 1-2& Step L to left side, rock R behind L, recover L
- 3-4& Step R to right side, rock L behind R, turn 1/4 right step R fwd - 3:00
- 5 Step L fwd
- 6-7 Turn 1/2 left step R back, turn 1/2 left step L fwd (or walk, walk)
- (** Harder option 6-7: Step R fwd, full spiral turn left on ball of R, step L fwd) □
- 8&1 Rock R fwd, recover, turn 1/4 right step R to right side - 6:00

Sailor turn 3/8 L sweep R, cross side behind (turning 1/8 L) sweep L, sailor turn 3/8 L, turn 1/8 L walk walk (this set should flow in a full circle moving left)

- 2&3 Step L behind R, turn 3/8 left step R to right side, step L fwd, sweep R over L - 1:30
- 4&5 Cross/step R over L, step L to left side, step R behind L, sweep L from front - 11:00
- (Styling.....steps 4&5 should turn to the left, keeping the flow in the circle) □
- 6&7 Turn 3/8 left step L behind R, step R to side, step L fwd - 7:30
- 8& Turn 1/8 left walk R, L□ - 6:00

Contact: jrdancing@bellsouth.net