

# Outa My Head

Count: 48

Wand: 4

Ebene:

Choreograf/in: Autumn Lynn (IT) - April 2017

Musik: Seein' Red - Dustin Lynch



## (1) Step R, hold, Sailor R, Sailor L, Behind side cross

1,2 Step on R and hold for a count  
3&4 Sailor R  
5&6 Sailor L  
7&8 Behind side cross

## (2) Step Drag, R Strut, L Strut, Pivot $\frac{3}{4}$

1&2 Step right foot out, drag left foot for a count and step on it. Making 2 counts  
3, 4 Right toe strut w/hip bumps  
5,6 Left Toe Strut w/hip bumps  
7 Pivot  $\frac{3}{4}$  holding out L Foot  
8 you drag L foot in

## (3) Kick Ball Change, Pivot half, Triple L, pivot half, full turn

1&2 Kick ball change R  
3, 4 Pivot  $\frac{1}{2}$  over R  
5&6 Forward Triple left  
7 Pivot half over L  
8 Full turn over R

## (4) Hip bumps R, Hip bumps L, Heel jack L Heel Jack R

1,2 Hip bumps to the R  
3,4 Hip Bumps to the L  
5&6 Heel Jack L  
7&8 Heel Jack R

## (5) Touch Step, Swivel L, Kick step back drag L 2 counts

1, 2 Touch R step Left foot in front of right  
3,4 Swivel Left  
5,6 Kick R Step back  
7,8 Drag L step

## (6) Point R Kick R Point Left Kick Left, 4 walks

1,2 Point R, kick R  
3,4 Point L, L Kick ball change  
5,6,7,8 4 Walks R,L, R, L

**\*1st Restart happens at Wall 3**

**\*\*2nd Restart happens at wall 5**

**You can hear both Restarts in the music**

Contact: [autumnlynnnapolitano@gmail.com](mailto:autumnlynnnapolitano@gmail.com)