

My Hands On You

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Dwight Meessen (NL) - April 2017

Musik: Hands - Macy Gray : (Album: The Way)



Intro: 16 counts

Side, Together, Chassé ¼ R, Pivot ½ R, Cross Samba ⅙ L

- 1-2 RF step side, LF together
- 3&4 RF step side, LF together, RF ¼ right step forward
- 5-6 LF step forward, L+R ½ turn right
- 7&8 LF cross over, RF rock side, LF ⅙ left recover [7.30]

Mod. Charleston, Jazz Box Cross ⅙ R

- 1-4 RF step forward, LF sweep and point forward, LF step back, RF sweep and point back
- 5-8 RF cross over, LF ⅙ right step back, RF step side, LF cross over [12]

Hinge ⅙ L, Pivot ½ L, Shuffle Fwd x2

- 1-2 RF ¼ left step back, LF ½ left step forward
- 3-4 RF step forward, R+L ½ turn left
- 5&6 RF step forward, LF step beside, RF step forward
- 7&8 LF step forward, RF step beside, LF step forward [9]

Shuffle ½ L, Coaster, Out Out, Ball Cross, Unwind Full Turn R

- 1&2 RF ¼ left step side, LF step beside, RF ¼ left step back
- 3&4 LF step back, RF together, LF step forward
- &5 RF step right forward (out), LF step side (out)
- &6 RF step back to center on ball foot, LF cross over
- 7-8 R+L full turn right in 2 counts [3]

option 5-8: Jazz Box Cross

Start again □ □
