# 15 In a 30



Count: 32 Wand: 4 Ebene: Improver

Choreograf/in: Jason Cowls - March 2017

Musik: Body Like a Back Road - Sam Hunt



### Restart – Wall 5, after 16 counts (follows the ball, change)

# LOCK STEP RIGHT, LOCK STEP LEFT, RIGHT ROCK STEP, BACK, 1/4 LEFT SAILOR STEP,

1 & 23 & 4Step forward R, step L behind R, step forward Rstep forward L, Step R behind L, step forward L

Step R forward, recover weight back on L, Step back on R

7&8 Cross step L behind right making a ¼ turn to L, Step R to right side, Step L fwd (9:00)

# SCISSORS STEPx2, RIGHT ROCK STEP, WALK BACK, BALL CHANGE

Rock R to right side, recover weight L, Cross R over L
Rock L to left side, recover weight R, Cross L over R

5&, 6, 7, 8& Rock R forward, recover weight back on L, Step back R, L, Step back R, recover L

(Restart here- Wall 5, after 16 counts (follows the ball change))

#### ROCKING CHAIR x2, WEAVE, 1/4 L turn

1&2& R fwd step - recover weight on L - R back step - recover weight on L,

R fwd step - recover weight on L - R back step - recover weight on L making a ¼ turn left Step R to R, Step L behind R, Step R to R, Step L in front of R, turn ¼ L as you Step R to R,

weight on L, Step forward on R

## FULL TURN, MAMBO, RIGHT SAILOR, LEFT SAILOR

1,2 ½ turn R stepping back on L foot, ½ turn R step forward on R

3&4 Rock forward L, replace R, step L next to R
5&6 R behind L - L step slightly to L side - R side step
7&8 L behind R - R step slightly to R side - L side step

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