

Break It Back Down

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Dwight Meessen (NL) - March 2017

Musik: Break It Back Down - Pat Green : (Album: Home)



Intro 48 counts

Rock Fwd Recover, Shuffle Bkw, Rock Back Recover, Shuffle Fwd

- 1-2 RF rock forward, LF recover
- 3&4 RF step back, LF step beside, RF step back
- 5-6 LF rock back, RF recover
- 7&8 LF step forward, RF step beside, LF step forward

Pivot ¼ L x2, Cross, Side, Sailor

- 1-2 RF step forward, R+L ¼ turn left
- 3-4 RF step forward, R+L ¼ turn left
- 5-6 RF cross over, LF step side
- 7&8 RF cross behind, LF step beside, RF step side

Weave ¼ R, Pivot ½ R, Shuffle ½ R

- 1-4 LF cross over, RF step side, LF cross behind, RF ¼ right step forward
- 5-6 LF step forward, L+R ½ turn right
- 7&8 LF ¼ right step side, RF step beside, LF ¼ right step back

Rock Back Recover, Shuffle Fwd, Rock Fwd Recover, Coaster

- 1-2 RF rock back, LF recover
- 3&4 RF step forward, LF step beside, RF step forward
- 5-6 LF rock forward, RF recover
- 7&8 LF step back, RF together, LF step forward

Start again
