Funk You Up



Count: 32 Wand: 2 Ebene: Easy Intermediate

Choreograf/in: Roosamekto Mamek (INA) - March 2017

Musik: Funk You Up - Look Twice



Intro: 8 counts

S1: KICK BALL CROSS, TWIST (R & L)

1&2 Kick R forward – Step R beside L – Cross L over R

3&4 Step R beside L and twist both heel to right – Twist both heel to left – Twist both heel to right

5&6 Kick L forward – Step L beside R – Cross R over L

7&8 Step L beside R and twist both heel to left – Twist both heel to right – Twist both heel to left

S2: SAILOR STEPS, HIPS BUMPS

1&2	Cross R behind L – Rock L slightly to side – Step R to side
3&4	Cross L behind R - Rock R slightly to side - Step L to side
5&6	Bump hips to right – Bump hips to left – Bump hips to right
7&8	Bump hips to left – Bump hips to right – Bump hips to right

S3: SIDE CHASSE, SIDE CHASSE TURN 1/4 LEFT (3X)

1&2 Step R to side – Step L together – Step R to side

Turn ¼ left step L to side – Step R together – Step L to side
Turn ¼ left step R to side – Step L together – Step R to side
Turn ¼ left step L to side – Step R together – Step L to side

S4: CROSS ROCK (R & L), JAZZ BOX TURN 1/4 RIGHT

1&2 Cross/Rock R over L – Recover on L – Step R to side
3&4 Cross/Rock L over R – Recover on R – Step L to side

5-8 Cross R over L – Turn ¼ right step L back – Step R to side – Step L forward

REPEAT

TAG: End of walls 2 & 4 (Both facing 12:00)

KICK BALL CROSS, BIG SIDE STEP, TAP, HIPS BUMPS

1&2 Kick R forward – Step R beside L – Cross L over R

3-4 Take a big step R to side and drag L toward R – Tap L beside R

5&6& Bump hips up to left – Bump hips to right – Bump hips down to left and bend knees – Bump

hips to right

7&8& Bump hips up to left – Bump hips to right – Bump hips down to left and bend knees – Bump

hips to right

KICK BALL CROSS, BIG SIDE STEP, TAP, HIPS BUMPS

1&2 Kick L forward – Step L beside L – Cross R over L

3-4 Take a big step L to side and drag R toward L – Tap R beside L

5&6& Bump hips up to right – Bump hips to left – Bump hips down to right and bend knees – Bump

hips to left

7&8& Bump hips up to right – Bump hips to left – Bump hips down to right and bend knees – Bump

hips to left

For song & step sheet please contact: Roosamekto.Nugroho@gmail.com

