

The Jump

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Rebecca Armstrong (SCO) - March 2017

Musik: Die Krüge hoch - Antonio Balloni & Michi Steirer



*(Theme song at the end of "the jump")

[1-8] rock cross shuffle, rock cross shuffle

- 1-2 rock R to R side, recover on to L
- 3&4 step R across L, step L to L side, step R across L
- 5-6 rock L to L side, recover on to R
- 7&8 step L across R, step R to R side, step L across R

[9-16] side behind ¼ shuffle, rock recover coaster

- 1-2 step R to R side, step L behind R
- 3&4 make ¼ turn R stepping fwd on R, step L beside R, step fwd on R
- 5-6 rock fwd on L, recover back on R
- 7&8 step back on L, step R beside L, step fwd on L

[17-24] side (dab) hold, behind side cross X 2

- 1-2 step R to R side (dab*), hold
- 3&4 step L behind R, step R to R side, step L across R
- 5-6 step R to R side (dab *), hold
- 5&6 step L behind R, step R to R side, step L across R

[25-32] rock cross shuffle, ½ turn touch

- 1-2 rock R to R side, recover on to L
- 3&4 step R across L, step L to L side, step R across L
- 5-6 make ¼ turn R stepping back on L, make ¼ turn R stepping fwd on R
- 7-8 step slightly fwd on L, touch R beside L

Restart : On Wall 5, dance 24 counts then restart from beginning

*dab – left arm across face, R arm to right side