

Gimme The Beat

Count: 32

Wand: 4

Ebene: High Improver

Choreograf/in: Joel Cormery (FR) - February 2017

Musik: Gimme the Beat - Jody Direen



[1-8] STEP R, LOCK, &, STEP L, LOCK, &, 1/4 TURN L, BACK, COASTER STEP

- 1-2- & Step right diagonally forward right, step left behind right, step right forward
- 3-4- & Step diagonally forward left, step right behind left, step left forward
- 5-6 1/4 turn left right back, step back on left
- 7 & 8 Step back on left, step left beside right, step right forward

[9-16] STEP L, LOCK, &, STEP R, LOCK, &, 1/2 TURN R, BACK, COASTER STEP

- 1-2- & Step L diagonally forward left, step right behind left, step left forward
- 3-4 Step R diagonally forward left, step right behind right, step right forward
- 5-6 1/2 turn right to left side, recover back
- 7 & 8 Step back on left, step right to left side, step left forward

Restart 3 here at the 8th wall at 6 pm

[17-24] 1/2 TURN L, 1/4 TURN L, CROSS & CROSS, SIDE ROCK BEHIND SIDE CROSS

- 1-2 1/2 Turn left behind right, 1/4 turn left to left side,
- 3 & 4 Cross right over left, step left to side, cross right over left
- 5-6 Step left to left, recover weight on right
- 7 & 8 Step left behind right, right to right, cross left over right

Restart 1 here at the 3rd wall at 12H

Restart 2 here at the 6th wall at 12H

[25-32] KICK R, OUT, OUT, & CROSS, 3/4 TURN R, STEP L, OUT, OUT, IN, IN, OUT, OUT

- 1 & 2 Step Coup in the diagonal D, right to right, left to left
- & 3 Step right beside left, step left over right
- 4-5 3/4 turn to R side, step left forward
- & 6 Step right to right, left to left
- 7& Back in the center, back left to right side
- & 8 Step right, step left to left, (end support FL)

Final: After the first 16 counts at the 11th wall, facing 3H

Do step R, 1/4 turn L

Danser, c'est comme parler en silence. C'est dire plein de choses sans dire un mot.

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