

Fast Track To Hell

Count: 32

Wand: 4

Ebene: Low Intermediate - Country
Polka



Choreograf/in: Flo Moresteps (FR) - February 2017

Musik: Road to Hell - Paul Randy Mingo

Intro: Dance starts on: 'Well I heard the road to hell...'

Section 1: L Behind, Side, Fwd Mambo 1/4L, Full Turn L, Shuffle fwd

- 1 - 2 Cross LF behind RF, Step RF to the right side
- 3&4 Rock L forward, Recover on RF, 1/4 turn L stepping LF to L side (9:00)
- 5 - 6 1/2 turn L stepping RF back, 1/2 turn L stepping LF forward (9:00)
- 7&8 Shuffle forward (RLR)

Section 2: Rock fwd, Recover, Coaster Step, Kick-Ball-Change, Kick-Ball-Side-Rock

- 1 - 2 Rock LF forward, Recover on RF
- 3&4 Step LF back, Step RF next to LF, Step LF forward
- 5&6 Kick RF, Ball of RF next to LF, Step LF next to RF
- 7&8& Kick RF, Ball of RF next to LF, Step LF to the L side, Recover on RF

RESTART: HERE on wall 3 (WALL 3 starts facing 6:00, restart facing 3:00)

Section 3: Behind, Hold, Ball Cross, Hold, Ball Side, Ball Cross, Ball Side, Drag (Ball)

- 1 - 2 Cross LF behind RF, Hold
- &3 - 4 Ball of RF next to LF, Cross LF over RF, Hold
- &5&6 Ball of RF next to LF, Step LF to L side, Ball of RF next to LF, Cross LF over RF
- &7- 8& Ball of RF next to LF, Big Step to L side dragging RF to LF, Ball of RF next to LF

Section 4: Cross, Side, 1/4L, Touch, 1/4R, Together, Heel Ball, Cross Side

- 1 - 2 Cross LF over RF, Step RF to R side
- 3 - 4 1/4 turn L stepping LF to left side, Touch RF next to LF (6:00)
- 5 - 6 1/4 turn R stepping RF forward, Step LF next to RF (9:00)
- 7&8& R Heel Forward, Ball of RF next to LF, Cross LF over RF, Ball of RF to R side

Start again from section 1 – Breath, Look Straight Ahead, Smile!

FINAL (WALL 11, starts facing 6:00)

The music slows down from count 5, replace counts 7-8 from section 1 to face 12:00, then proceed with section 2 when the music restarts.

Section 1': Behind, Side, Fwd Mambo 1/4L, Full Turn Left, 1/4L side, Drag

- 1 - 6 (see Section 1)
- 7 - 8 1/4 turn Left stepping RF to R side, Drag LF slowly [weight on RF] (12:00)

Section 2': Rock fwd, Recover, Coaster Step, Kick Ball Change, Stomp

- 1 - 6 (see section 2)
- 7 Stomp PD

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