

# Itch and Scratch

**COPPER** **NOB**  
BY SHEETS

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Sandy Kerrigan (AUS) - January 2017

Musik: Bounce With Me - Kreesha Turner : (Album: Nike 10K Mix or Single - iTunes)



**Dance starts on lyrics - Starts - wt on L – BPM [148:5] – Track Length 3.6**

**Right Side Mambo Together, Left Side Mambo Together, Side, Together, Right Side Shuffle 12:00**

1 & 2 3 & 4      Rock R to R Side, Replace To L, Step R next to L, Rock L to L Side, Replace to R, Step L next to R

5 6 7 & 8      Step R to R Side, Step L next o R, Step R to R, Step L next to R, Step R to R Side

**Charleston Step, Walk Fwd, Fwd, Left Fwd Rock Step, Step Back 12:00**

1 2 3 4      Step Fwd L, Sweep R around Fwd, Step Back on R, Sweep L Back around-wt on R

5 6      Walk Fwd L, Walk Fwd R

7 & 8      Rock Fwd on L, Replace Back to R, Step Back on L

**Step Back, Step Together, Heels out, Heels In, Knees Out Knees In, Side, Together, ¼ Shuffle 9:00**

1 2 3 & 4 &      Step Back R, Step L next to R, Heels Out, Heels in Together, Both Knees Out, Both Knees in Together-wt on R

5 6 7 & 8      Step L to L, Step R next to L, Step L to L Side, Step R next to L, Turning ¼ L-Step Fwd L

**Jazz Box Cross, Jazz Box Cross ( Jazz box has a bounce action)9:00**

1 2 3 4      Cross R over L, Step Back on L, Step R to R Side, Cross L over R

5 6 7 8      Cross R over L, Step Back on L, Step R to R Side, Cross L over R

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