

# In My Bones

**COPPER** **KNOB**  
BY STEPHANIE

Count: 32

Wand: 2

Ebene: Intermediate

Choreograf/in: Amanda Rizzello (FR) - January 2017

Musik: In My Bones - Ron Pope



## **(1-8) STEP SWEEP, CROSS, STEP SWEEP, BEHIND SIDE CROSS, ROCK STEP, SIDE ROCK STEP, ¼ TURN STEP**

- 1-2& RF forward, with L sweep , LF cross over R , RF to side R  
3-4& LF backward with R sweep ,RF behind left, LF to side left  
5-6& RF cross over left, recover on left, RF to side right  
7-8& LF cross over right, recover on right , ¼ turn left LF forward

## **(9-16) WALK X2,MAMBO STEP , ½ TURN,FULL TURN,SWAY X2**

- 1-2 RF walk, LF walk  
3&4 RF forward, recover on left ,RF backward  
5-6& ½ turn left LF forward , ½ turn left RF backward , ½ turn left, LF forward  
7-8 Sway Right ( RF to side ),sway Left (recover on left)

## **(17-24) DIAMONDS FALLAWAY, TOUCH BEHIND 3/8 TURN**

- 1-2& RF to side right, 1/8 turn left LF backward, RF backward  
3-4& 1/8 turn left , LF side left, 1/8 turn left RF forward, LF forward  
5-6& 1/8 turn right, RF side right , 1/8 turn left LF backward RF backward  
7-8 Touch L behind , 3/8 turn L(recover on L) 3:00

## **(25-32) BASIC NIGHT-CLUB, ¼ TURN ROLLING VINE,ROCK STEP ,1/4 TURN STEP,CROSS,SPIRAL**

- 1-2& RF side right, LF beside right ,RF cross over left  
3-4& ¼ turn left LF forward , ½ turn left RF backward, ¼ turn left LF side left  
5-6& RF cross over left, recover on left , ¼ turn right RF forward  
7-8 LF cross over right, spiral full turn (weight on left) 6:00

Contact : amanda\_19@hotmail.fr - <http://amanda19302.wixsite.com/arclld>