A Guy Raised On Rock

Ebene: Beginner / Improver

Choreograf/in: Jean LW LeQUEUX (FR) - January 2017 Musik: Raised On Rock - Elvis Presley oder: Any Rock & Roll

Written as a tribute for the King, born on Jan. 8th, 1935

LF : Left Foot, RF : Right Foot: wolf: weight on LF, worf: weight on RF;

Start with lyrics ("I remember..)

Count: 48

[1-8] SECTION 1 : Side chassé right, rock back left; idem the other side

- 1&2 Right chassé (RF to right, LF next to RF, RF to right)
- 3-4 Rock back left (rock LF back, recover on RF)
- Left chassé (LF to left, RF next to LF, LF to left); 5&6
- 7-8 Rock back right (rock RF back, recover on LF)

[9-16] SECTION 2 : ¼ turn right, step RF forward, lockstep right forward; lockstep left backward, ¼ turn right

- &1-2 RF behind LF, ¹/₄ turn right (3H00)
- &3-4 LF lock behind RF, step RF forward (worf), hold
- 5&6 step LF back, lock RF back in front of LF, step LF back
- 7&8 RF behind LF, ¹/₄ turn right, hold feet together, (6:00)

[17-24] SECTION 3: Twist, bend knees right, left and hold; unbend knees, twist again on right, hold

- 1-2 Twist right on toes half-bending knees, untwist on toes unbending knees
- 3-4 Twist left on toes half-bending knees, hold
- 5-6 Bend knees completely, unbend knees completely
- 7-8 Twist right on toes, hold feet together

[25-32] SECTION 4: Sweep, ¼ turn right, slight stomp, side chassé right, slight stomps, side chassé left

- Sweep RF to right while 1/4 turning right (9H00), slight stomp LF near RF (wolf) 1-2
- 3&4 Side chassé right (RF to right, LF near RF, RF to right)
- 5-6 Slight stomps LF then RF
- 7&8 Side chassé left (LF to left, RF near LF, LF to left

Sections 5 is for Elvis' "Raised on rock" and danced on the tune (I was raised on rock,..... I turned on my radio, Oh oh oh oh)

Do not include this section if you have chosen another song.

[33-48] SECTION 5: Rolling vine right (full turn)... and rock! Rolling vine left (full turn)... and rock!

- 1-8 Rolling vine right, but end it with a left rock forward (worf)
- 9-16 Rolling vine left (full turn) but end it with a right rock back (wolf)

Choreographer: jean_lw_lequeux@yahoo.com; site: http://weltram.eu



Wand: 4