

Stand up and Boogie

Count: 48

Wand: 4

Ebene: Beginner

Choreograf/in: Rick Todd (USA) - January 2017

Musik: Stand Up and Boogie - Danny & Bongy



S1: Lindy Right, Left Rockin' Chair

- 1&2 Step right, step left next to right, step right
- 3-4 Rock back on left, recover on right
- 5-6 Rock forward on left, recover on right
- 7-8 Rock back on left, recover on right

S2: Lindy Left, Right Rockin' Chair

- 1&2 Step left, step right next to left, step left
- 3-4 Rock back on right, recover on left
- 5-6 Rock forward on right, recover on left
- 7-8 Rock back on right, recover on left

S3: Two Right Jazz Boxes

- 1-4 Cross right over left, step back on left, step right to side, step left next to right
- 5-8 Cross right over left, step back on left, step right to side, step left next to right

S4: Two Lock steps forward with Brushes

- 1-4 Step right forward, lock left behind right, step forward on right, brush left forward
- 5-8 Step left forward, lock right behind left, step forward on left, brush right forward

S5: K-Step

- 1-4 Step forward on right, touch left next to right, step back on left, touch right next to left
- 5-8 Step back on right, touch left next to right, step forward on left, touch right next to left

S6: Walk Back R. L., turn ¼ to Right, Kick Left, Walk Back Left Right Left, Touch Right

- 1-4 Walk back right left, turn ¼ to right & kick left forward
- 5-8 Walk back left right left, touch right next to left

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