

Stand up and Boogie

Count: 48

Wand: 4

Ebene: Beginner

Choreograf/in: Rick Todd (USA) - January 2017

Musik: Stand Up and Boogie - Danny & Bongy



S1: Lindy Right, Left Rockin' Chair

1&2 Step right, step left next to right, step right
3-4 Rock back on left, recover on right
5-6 Rock forward on left, recover on right
7-8 Rock back on left, recover on right

S2: Lindy Left, Right Rockin' Chair

1&2 Step left, step right next to left, step left
3-4 Rock back on right, recover on left
5-6 Rock forward on right, recover on left
7-8 Rock back on right, recover on left

S3: Two Right Jazz Boxes

1-4 Cross right over left, step back on left, step right to side, step left next to right
5-8 Cross right over left, step back on left, step right to side, step left next to right

S4: Two Lock steps forward with Brushes

1-4 Step right forward, lock left behind right, step forward on right, brush left forward
5-8 Step left forward, lock right behind left, step forward on left, brush right forward

S5: K-Step

1-4 Step forward on right, touch left next to right, step back on left, touch right next to left
5-8 Step back on right, touch left next to right, step forward on left, touch right next to left

S6: Walk Back R. L., turn ¼ to Right, Kick Left, Walk Back Left Right Left, Touch Right

1-4 Walk back right left, turn ¼ to right & kick left forward
5-8 Walk back left right left, touch right next to left

Rick Todd / E-mail / Always5678@aol.com
