Have You Ever Been Lonely?

Ebene: Beginner

Choreograf/in: Jan Brookfield (UK) - December 2016 Musik: Have You Ever Been Lonely? - Rose-Marie

Start dance after 16 counts on word "lonely".

Count: 32

[Alternative slower version by Daniel O'Donnell & Mary Duff 102 BPM Start dance after 11 secs on the word "lonely"]

Section 1 : BACK ROCK, RECOVER, CHASSE HALF TURN , BACK ROCK, RECOVER, FORWARD SHUFFLE

1,2, 3&4 Rock back on R, recover onto L, making a half turn over left shoulder chasse R,L,R 5,6,7&8 Rock back on L, recover onto R, shuffle forward on L,R,L (now facing 6 o'clock)

Section 2 : ROCKING CHAIR, SIDE ROCK, RECOVER, BEHIND, SIDE, ACROSS

- 9,10,11,12 Rock forward on R, recover onto L, rock back on R, recover onto L
- 13,14 Rock R to right side, recover onto L

15&16 Step R behind L, step L to left side, step R across in front of L

Section 3 : STEP, TOUCH, SWAY, CHASSE 1/4 TURN RIGHT, STEP, TOUCH

- 17,18, Step L to left side, touch R next to L
- 19,20 Step R to right side swaying hips right, transfer weight onto L swaying hips left
- 21&22 Step R to right side, close L to R, making a quarter turn right step R forward
- 23,24 Step L forward, touch R next to L (facing 9 o'clock)

Section 4 : BACK ROCK, RECOVER, KICK-BALL-CHANGE, POINT, STEP, POINT, STEP

- 25,26 Rock R back, recover onto L
- 27&28 Kick R forward, drop back onto R, step forward onto L
- 29,30 Point R toes to right side, step R forward
- 31,32 Point L toes to left side, step L forward

START AGAIN

Last Update - Jan 2017





Wand: 4