

# Twerk It – Elsa

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Pep Soler (ES) & Paqui Lebrón - December 2016

Musik: "Twerk It" de Elsa Barahona



**(Start the dance after 16 counts)**

## **[1 – 8] ROCK IN CHAIR RIGHT + MAMBO, ROCK IN CHAIR LEFT + MAMBO**

- 1 & Rock forward RF, recover LF
- 2 & Rock backward RF, recover LF
- 3 & 4 Rock forward RF, recover LF, step together RF
- 5 & Rock forward LF, recover RF
- 6 & Rock backward LF, recover RF
- 7 & 8 Rock forward LF, recover LR, step together LF

## **[9 – 16] ROCK RIGHT FORWARD-RECOVER X3, ROCK LEFT FORWARD-RECOVER X 3**

- 1 & Rock forward RF, recover LF
- 2 & Rock forward RF diagonal (1,30), recover LF
- 3 & 4 Rock side RF, recover LF, RF Together RF
- 5 & Rock forward LF, recover RF
- 6 & Rock forward LF diagonal (10,30), recover RF
- 7 & 8 Rock side LF, recover RF, RF together LF

**(Put the stretched arm with the palm forward, 3 times right, 3 times left.)**

## **[17 – 24] VINE RIGHT, CHAINE LEFT**

- 1 - 2 Step RF to the side, step LF behind RF
- 3 - 4 Step RF to the side, step LF next to RF doing touch with toe LF
- 5 - 6 Step LF to the side doing  $\frac{1}{4}$  turn, step RF along the LF doing  $\frac{3}{4}$  turn
- 7 - 8 Step LF side, touch RF together LF

## **[25 – 32] MAMBO STEP SIDE RIGHT, MAMBO STEP SIDE LEFT, MAMBO STEP SIDE RIGHT $\frac{1}{4}$ TURN, MAMBO STEP SIDE LEFT**

- 1 & 2 Step RF side, recover LF, RF together LF
- 3 & 4 Step LF side, recover RF, LF together RF
- 5 & 6 Step RF side doing  $\frac{1}{4}$  turn, recover LF, RF together LF
- 7 & 8 Step LF side, recover RF, LF together RF

**(Moving the arm from below to take it flat, alternately right-left.)**

**Start dancing again**

## **TAG: 4 COUNTS AT THE END OF THE 4th WALL - STEP TURN $\frac{1}{2}$ - MAMBO STEP TURN $\frac{1}{4}$**

- 1 - 2 Step RF forward, return weight to LF by  $\frac{1}{2}$  turn
- 3 - 4 Step RF to the side doing  $\frac{1}{4}$  turn, return weight to LF

- Life is also life without mobile phone,
- It is not without music,
- It's not without a dance.

**Last Update – 8th Jan 2017**