

# Sexy and Smooth

Count: 32

Wand: 2

Ebene: Improver

Choreograf/in: Henry Costa (USA) - December 2016

Musik: Move - Luke Bryan



## KICK STEP, KICK, STEP, KICK, STEP KICK, OUT, OUT, ¼ CCW HIP TURN

- 1&2& Kick forward Right, slightly forward Right, Kick forward Left, slightly step forward Left  
3&4 Kick forward Right, slightly forward Right, Kick forward Left  
&5 Slightly step out Left, step out Right  
6,7,8 Sway right hip to right, sway back counter clock wise to left, ¼ turn left placing weight on left

## KICK, KICK, TRIPLE STEP ½ TURN RIGHT, KICK, KICK, TRIPLE STEP ½ TURN LEFT

- 1-2 Kick right, Kick Right  
3&4 ½ Turn right; Side Right, Left Next to Right, step forward Right  
5-6 Kick Left, Kick Left  
7&8 ½ turn Left: Side left, right next to left, step forward Left

## CROSS, BACK, SIDE, CROSS, SIDE, RECOVER, CROSS, SIDE, CROSS

- 1-2 Cross right in front of Left, back Left,  
3-4 Side Right, cross Left in front of Right  
5-6 Side Right, Recover Left  
7&8 Cross Right in front of Left, side Left, Cross Right in front of Left

## ¼ LEFT, RECOVER BACK ON LEFT, LEFT COASTER STEP, (R KICK-BALL-CHANGE)x2

- 1-2 ¼ turn left, recover weight on Right  
3&4 step back Left, Right next to Left, forward Left  
5&6 Right kick forward, Right step, ball change left (weight on Left)  
7&8 Right kick forward, Right step, ball change left (weight on Left)

## BEGIN AGAIN